

NoName Contra

(U.S.A.)

By Jerry Helt.

Record: RB 1301 "Love in the Country" or Jewel 705 "Show Boat" or LS 193/194
or Folkcraft 1501 "Dashing White Sergeant."

Formation: Contra lines. 12 couples or less. All the men in a line on the prompter's right and all the ladies in a line on the prompter's left.

Prompts

Intro ----, *Everybody Forward & Back*
1-8 ----, **Forward & Back again**
9-16 ----, **Turn the opposite Right Hand Around**
17-24 ----, **Turn the opposite Left Hand Around**
25-32 ----, **Top couple slide to the foot**
33-40 -- **Same couple, arch & Promenade over the lady's line**
41-48 ----, **Promenade arch over the men's line**
49-56 ----, -- **Everybody Swing**
57-64 ----, **Everybody Forward & Back**

Meas

Pattern

1-8 Long lines Forward & Back.
 9-16 Forward & Back again.
 17-24 Turn the opposite person (partner) with a Right Arm Turn.
 25-32 Turn the opposite person (partner) with a Left Arm Turn.
 33-40 The top couple join both hands and slide (Sashay) to the foot of the set.
 41-48 The active couple then join inside hands (man's left & lady's right), form an arch and Promenade up the set passing over the lady's line. Lady on the outside and man on the inside.
 49-56 The active couple Promenade down the set passing the arch down over the men's line to the foot of the set and then each active person steps back into their home line. The man remains on the inside of the set during the Promenade.
 57-64 Everybody Swing their partner (across the set) and then step back into their home line.

Note: If the active couple has difficulty completing the arch over both lines in the 16 beats recommended, eliminate the Swing at the end of the dance (56-64) and wait 8 counts before starting the dance over again.

Presented by Jerry Helt