

NOVI KRAKOWIAK

1. Gallop forward 14 steps, 3 stamps; & repeat.
2. Man going left in line, woman right, heel and toe polka, first to corner, then to partner; & repeat.
3. Man going left in line, woman right, leap step-stamp, first to corner, then to partner; & repeat.
4. Woman lunge on R foot, R arm high, step L, R, then lunge to L, L arm high, step R; Polka back 2, L, R; feet apart and clap; turn R in place, feet apart and close with hands on hips.  
  
Man heel-toe polka to R, heel-toe polka to left, polka 2 in place, feet apart and clap; turn R in place, feet apart and close with hands on hips.  
  
Repeat above.
5. Wheel - centre couple start hub, right hand star 8 polkas to right, then left hand star 8 polkas.
6. Woman line up on 4 polkas forward; man polka 4 in place. Woman 4 polkas in place; man step-hop 4 forward with arms folded, starting R foot, to meet woman.
7. Varsouvienne Position - 4 polkas CWSE (one complete turn); 4 polkas backward home.
88. Balance - Balance away and together, repeat, 3 heel clicks; 3 heel clicks back. Woman's R hand on skirt in balance, man's L hand on hip; leading hands high in heel clicks. Inside hands joined.
9. Polka Turn - R arms linked, L arms high, 8 polkas CWSE; then reverse.
10. Man kneels - Holding R hands woman 8 polkas CWSE around man holding skirt with free hand. Change to left hands and woman 8 polkas CCWSE around man.
11. Man rises & turns R so couple back to back. Make box moving left, leading arm high. Reverse and make box other way, end back to back.
12. Man turns R to position L of girl, his R hand on woman's waist, woman's hand on her R waist, both L hands forward. Toe-heel-toe-extend step. 4 in place, 4 CWSE, woman crosses in front of man to his left, R hands forward, and repeat 4 toe-heel-toe-extend steps CCWSE.
13. Man 15 polkas in place, then kneels on R; girl 8 polkas CWSE around man, arms extended in back, 7 CCWSE, then sits on man's LEFT knee. Both extend arms.