

OBEREK ZVICAINY (oh-beh-rehk zwee-chy-nee)  
Poland

As learned from Anatol Joukowsky. Presented by Dean Linscott at the 1976 Mendocino Folklore Camp.

Music: Record: Harmonia 1015A "Oberek"; Express E5, side 2.

Formation: Circle of cpls facing CCW, inside hands joined at waist level, M's L hand in fist on his L hip. W takes skirt 8 or 10" below the waist (in R) and holds it up (waist level) on front of R hip (palm out, fingers bkwd). This is the skirt hold whenever R is free. Steps are indicated for M; W steps are counterpart unless otherwise indicated.

Steps: MAZUR STEP: An accented running step to 3/4 time; step fwd on outside ft on ct 1; step fwd on inside ft with bent knee on ct 2; step on outside ft with accent on ct 3.  
STEP-CLOSE WITH HEEL CLICKS: Step to own R on R (ct 1); close L to R (2); hop on L ft, clicking heels together in air (3).  
DISH-RAG TURN: Ptrs facing, both hands joined straight across; retaining both hand holds, M turns L under his L arm while W turns R under her R arm, to end facing ptr in original posn.  
 Variation: W only turns once completely to R (or L), while M assists her in her turn as he dances in place.

Meas.

1-4 INTRODUCTION: Face ptr and bow

I. PAS DE BASQUE.

1-8 Starting outside ft (M L: W R) cpl progresses fwd in LOD with 8 pas de basque steps (in a reaching manner), turning out on outside ft, and in twd ptr on inside ft, swinging joined hands fwd and bkwd (one pas de basque step to each meas)

II. STEP-STAMP, DISH-RAG TURN.

1 Cpls facing (M back to cntr of circle), join both hands straight across. M step L (ct 1), bring R to L with small stamp (2), hold (3)  
 2 Repeat meas 1 starting M R  
 3-4 Cpl does dish-rag turn moving CCW in Scuff as follows: step twd LOD (M L, W R), scuff heel (M R, W L) twd LOD and complete turn pivoting on M L, W R (1-3). Momentum of the scuff carries you through on the pivot. M steps R,L in place (1,2); W opposite  
 5-8 Repeat action of meas 1-4 moving CW (starting M R, W L)

III. PAS DE BASQUE.

1-8 Repeat Fig.I.

IV. PIVOT-TURN (OBEREK STEP)

1 Cpl in semi-open posn, except M L hand is extended outward at shldr level, and W R hand holds her skirt. M steps L with heavily accented dip, pivoting to R turning CW (1,2,3); W takes 3 small steps R,L,R while turning to her R.  
 2 M takes 3 small steps R,L,R to recover from dip of meas 1, while W pivots on heavy dip on L ft (1,2,3)  
 3-16 Repeat meas 1-2 for 7 more times (8 in all). End facing CCW. Change posn on last meas to starting posn, inside hands joined.

/continued ...

QBEREK ZVICAINY, Cont'd...Meas. V. PAS DE BASQUE

1-8 Repeat Fig. I.

VI. PAS DE BASQUE WITH CCW TURN.

- 1-4 Cpl facing CCW, inside shldr's tog, W's L arm in back of M joined in his L hand over, or slightly above his L shldr; M's R arm extended across in front of W, chest high, holding W's R hand. Cpl moves fwd with 3 reaching pas de basque steps starting outside ft, and reverses direction with 4th pas de basque. Reversal of direction is performed by turning in twd ptrn without breaking handhold, M turns  $\frac{1}{2}$  CW, W turns  $1\frac{1}{2}$  times CCW. Cpl now faces CW, M's L hand in front of W, joined with her L hand; W's R hand is behind M's neck holding his R hand.
- 5-8 Moving bkwd, cpl repeats meas 1-4, turning inward on 8th meas to face LOD once more. M places R hand behind W at her waist, his L hand on own hip; W hold skirt with R hand.
- 9-16 Cpl makes 2 CCW turns almost in place (both moving fwd in very small circle) with following steps: M: step L (1), tap R heel beside L (2), step R (3). W: step L (1), brush ball of R ft slightly fwd beside L (2), step R (3). Repeat step 7 times, making 8 in all. During meas. W only take 3 steps (L,R,L), ending with wt on L ft.

VII. PAS DE BASQUE WITH BUTTERFLY TURN.

- 1-8 Same as meas 1-8 in Fig. VI.
- 9-15 Cpl in open dance posn bend deeply at waist (heads of ptrs adjacent, nearly touching). Outside arms are extended sideways at shldr level. Starting with outside ft, cpl turns twice in small circle CW, M moving fwd, W bkwd, using 7 small pas de basque steps
- 16 M changes W to his L side by taking 3 quick steps (R,L,R) moving slightly to his R. W makes a complete L turn in 3 steps (L,R,L) changing to M's L side.
- 17-24 In new posn, cpl makes two turns CCW (M again moving fwd) with 8 small pas de basque steps, starting inside ft.

INTERLUDE

- 1-4 W spins to her L (CCW) away from ptrn to join hands in cntr and form a circle with all other W, facing out; M form circle facing in, fists on hips.

VIII. HEEL CLICK STEP.

- 1-3 Both circles move to R using step-close with heel click steps. Repeat step two more times (3 in all).
- 4 Take 3 stamps in place (R,L,R)
- 5-7 Repeat meas 1-3 moving to L, starting with L ft
- 8 M takes 2 stamps (1,2), holding ct 3, wt on R ft. W takes 3 stamps, L,R,L (1,2,3), wt on L ft
- 9-11 Facing ptrn. hands joined in cross-hold posn, take 3 mazur steps (beginning M's L, W's R) moving out of center (M bkwd, W fwd)
- 12 W turn to R (CW) once without breaking handhold (dish-rag) using 1 mazur step (L,R,L) while M does 1 mazur step in place (R,L,R)
- 13-16 Repeat meas 9-12, returning to cntr (W bkwd, M fwd), with W turning L on 16th meas while M takes 2 stamps (R,L) (1,2), holding ct 3, wt on L
- 17-24 Repeat meas 1-8
- 25-28 Repeat meas 9-11. On meas 28 change to back-hold posn (no dish-rag turn for W), R arm behind ptrn's back.

/continued ...

OBEREK ZVICAINY, Cont'd...Meas. Part VIII, cont'd.

- 29-36 Cpl turn CW (twice) in own circle with 8 mazur steps, M starting L, W R. End in cross-hold posn.  
 37-40 Beginning M L, W R (M fwd, W bkwd), return to cntr with 4 mazur steps. W does not dish-rag turn; M takes 2 stamps (R,L) ending with wt on L.
- 41-48 Repeat Meas 1-8 again, both starting R and moving R  
 49-56 Move out of cntr slowly in cross-hold posn with 8 mazur steps. On last 3 meas, M slowly manoeuvres W CW to outside of circle.

IX. PIVOT-TURN (OBEREK)

- 1-16 Repeat Fig. IV. Join inside hands on meas 16.

X. MAZUR HEEL-CLICK TURN

- 1-2 Cpl facing, inside hands joined, free hand in fist on hip. Beginning M's L, W's R, dance 2 mazur steps (slightly back to back and face to face), moving in LOD.  
 3-4 Moving in LOD, M starts L and does two step-close heel-click steps, with L fist on his hip and his R arm swinging down and up in a circle twice, flicking W skirts (as W turns alone). W, with fists on hips, takes 2 travelling turns CW with scuff steps (same step as in Fig. II, meas 3-4).  
 5-6 Cpl facing, inside hands joined, dance one mazur step to M's L (LOD) and one mazur step to M's R (RLOD)  
 7-8 With both hands joined straight across, cpl does a dish-rag turn to M's L (LOD), using scuff step. Cpl bends low and close to each other on the turn. On meas 8 take 3 steps in place.  
 9-32 Repeat meas 1-8 three more times (4 in all).

XI. PAS DE BASQUE AND POSE.

- 1-6 Repeat action of Fig. I, meas 1-6  
 7-8 Ending pose: M drops to R knee, with L knee up and fwd in LOD. W turns under their joined hands (CW) with three steps (R,L,R) and sits on M's L knee, L hand in lap, R hand holding skirt at side, facing out of cntr. M's R arm is extended out from shldr L arm at W's back.