

Odeno Oro

Origin: Macedonia

Originally taught by Pece Atanasovski

Taught by Michael Ginsburg at Mendocino Balkan Music and Dance Camp 2009

Meter: 2/4

Music: Pece Atanasovski, Macedonian Dances Vol. 1

Start when melody begins, or at the beginning of any repetition of the 8-measure melody.

Part 1:

Hands in 'W' position.

- 1 Face diag. R, move LOD. Step R, step L (1 2), smooth motion
- 2 Face center, move LOD. Step R, L, R (1& 2), soft bounce from the knees.
- 3 Face center, move backward. L back, R back (1 2), soft bounce from the knees.
- 4 Bring L back, R close (1&), soft bounce from the knees, cross with L (2), turn to face diag. R, smooth motion.

Repeat until line leader decides to change to Part 2 based on the feel of the music.

Part 2:

Hands in 'V' position. Same dance, with more energy, and a continuing soft bounce from the knees.

- 1 Face diag. R, move LOD. Step R, čukče (heel rises and falls, ball of foot doesn't leave the ground) on R as L comes forward, step L, čukče on L as R comes forward (1& 2&).
- 2 Face center, move LOD. Step R, L, R (1& 2).
- 3 Face center, move backward. L back, R back (1 2).
- 4 Bring L back, R close (1&), cross with L (2), turn to face diag. R.

Repeat until the end of the music.