

OSOGOVKA

Macedonia

This dance is for men only. It originated in Kocani, a town in eastern Macedonia. Osogovka is a large mountain around which are many villages, each having its own improvisations and finesses. The dance has many variations and may be done in various combinations. The dancers assemble to perform the dance during the introductory Gaida solo. Presented by Bill Burke at the 1976 Mendocino Folklore Camp.

Music: Record: Radio Televizije (RTB) LPV 175 "Tanec" B-1 Festival 45 FR-4012-B : 11/16 meter 1,2,3,4,5

Formation: Broken circle, shldr hold "T" formation.

Meas.

Following the Gaida solo the melody is played by gaida and drum. The leader may start at any time using the following pattern:

1 Moving in LOD leap onto R (ct 1); step L (2); step R (3); step L preparing for leap into next measure (4,5). The leap onto R (1) is preceded by lifting R knee across L so that the leap is high (not far) and incorporates a strong twist.

4 TIMES

PART I

1 Facing cntr moving LOD, <sup>HOP L (1/2)</sup> bend L knee, step R (1,2); ~~step~~ <sup>leap</sup> L in back of R (3); <sup>HOP (4)</sup> step R (4,5)  
2 Moving LOD, leap L fwd (1); step R fwd (2); leap L fwd (3); <sup>HOP (4)</sup> step R fwd (4,5) L knee bent and behind R  
3 Lift on R <sup>HOP (4)</sup> touch L fwd in front of R (1,2); kick L ~~back~~ fwd (3). Leap on L and touch R toe fwd (4); hold (5).  
4 Leap on R in place (1); hit L heel beside R (2); step L in place, R ft lifted in back, knee bent (3); bring R ft fwd (4,5)

4 TIMES

PART II

1 Moving LOD, step R (1,2); step L (3); <sup>HOP (4)</sup> step R bending L knee (4,5)  
2 Moving LOD, step L (1); step R (2); step L (3); <sup>HOP (4)</sup> step R facing cntr, L knee bent and lifted beside R (4,5)  
3 Facing cntr hop R in place, touch L fwd in front of R (1,2); kick L heel fwd (3); leap on L and touch R toe fwd (4). hold (5)  
4 Jump with ft apart (1,2); jump with ft apart again (3); hop on L, bending R knee so ft is back (4,5)

6 TIMES

PART III

1-2 Repeat action of meas 1-2, Part II.  
3 Facing cntr, hop R in place, twist L leg, knee bent across in front of R (1,2); leap L, twist R leg, knee bent across in front of L (3); leap R, twist L leg, knee bent across in front of R (4,5)  
4 Facing cntr, moving RLOD, hop R (1); step L (2); step R behind L (3); leap L in place (4); <sup>HOP (4)</sup> hit R heel fwd (5)

6 TIMES

4 OPTION - SIDE L (1) BEHIND (2) <sup>HOP (4)</sup> SIDE R (3) CLOSE R (4,5)

PART IV

1-2 Release hands and face LOD, moving fwd in LOD, repeat action of meas 1-2, Part II. <sup>W/STAND</sup> FIRST TIME RELEASE HANDS AT END OF MEAS 2  
3 Facing and moving LOD, step L (1,2); Jump, wt on both ft, in squat (3); recover, wt on R <sup>HOP (4)</sup> ~~leap~~ <sup>W/SPINNING PIVOT 360° CCW</sup> (4,5)  
4 <sup>TURNING 360°</sup> ~~leap~~ <sup>W/STAND</sup> CCW, step L,R (1,2). Squat (3); recover on L and lift R leg in front, knee bent (4,5)

4 TIMES

OR MAY NOT NECESSARILY DO SPIN ON 4,5 OF MEAS 3 (END) SQUATS W/ L HAND  $\approx$  BEHIND  $\frac{1}{2}$  R W ELBOW BENT & HAND UP