
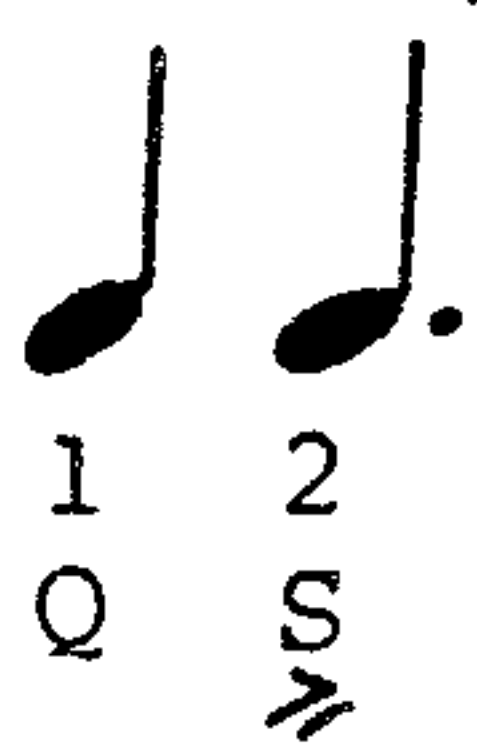


PAJDUŠKO HORO

(BULGARIA)

- BACKGROUND : This dance is often called the "limping dance" because of its oneven beat and basic step. The exact meaning and origin of the word *Pajduško* is not known. Generally it is used to indicate the group of dances that are done in a 5/8 (2-3) dance rhythm.
- It is a very popular dance in North-Bulgaria. This version is from that region, also called *Severnjasko*. Because of its four measure phrase it is referred to as a *Pajduska Cetvorka* (fourfold). Other variants are done in Macedonia (*Pajduška*), Greece (*Baidouska*) and Romenia (*Paidușca*, *Rustemul*).
- MUSIC : LP "Folk Dances from Bulgaria - vol 2" by Jaap Leegwater Balkanton BHA 11134. Side A, Band 5.
- METER : 5/8  counted here as 
- SOURCE : Jaap Leegwater learned *Pajduško Horo* from Zravka Dimova, choreographer of the Strandza Ansambl in Burgas, Bulgaria. She introduced it in the Netherlands in 1975.
- FORMATION : Open circle or lines.
Hands hold in W-position.
- INTRODUCTION :

| <u>MEAS</u> | <u>PATTERN</u> | <u>Part 1</u> |
|-------------|--|---------------|
| 1 | facing diag R, moving in LOD, hop on L ft, lifting R knee in front (ct 1), step on R ft (ct 2), | |
| 2 | hop on R ft, lifting L knee in front (ct 1), step on L ft (ct 2), | |
| 3-4 | repeat action of meas 1-2 | |
| 5 | facing ctr, moving sdwd L, step on R ft in front of L ft (ct 1), step back on L ft, slightly bending L knee (ct 2) | |
| 6 | repeat action of meas 5 | |
| 7 | facing ctr, moving bkwd, hop on L ft, (ct 1), step on R ft (ct 2), | |
| 8 | hop on R ft (ct 1), step on L ft (ct 2), | |

(continued)

| <u>MEAS</u> | <u>PATTERN</u> | <u>Part 1 (continued)</u> |
|-------------|---|---------------------------|
| 9 | facing ctr, dancing in place, step on R ft across in front of L ft, swinging arms down to bkw low (ct 1) step back on L ft in place, swinging arms back to W-position (ct 2), | |
| 10 | hop on L ft (ct 1), step on R ft (ct 2), | |
| 11 | step on L ft across in front of R ft (ct 1), step back on R ft in place (ct 2), | |
| 12 | hop on R ft, clicking L heel against R ft (ct 1), step ("fall") on L ft (ct 2), | |
| 13 | hop on L ft, clicking R heel against L ft (ct 1), step ("fall") on R ft (ct 2), | |
| 14 | step on L ft across in front of R ft (ct 1), step back on R ft in place (ct 2), | |
| 15 | hop on R ft (ct 1), step on L ft (ct 2), | |
| 16 | repeat action of meas 9 | |

Part 2

| | | |
|------|--|----------------------------|
| 1-2 | facing and moving twd ctr, repeat action of meas 1-2 of Part 1 | |
| 3 | low leap onto R ft in place, extending L ft fwd along the floor (ct 1) low leap onto L ft in place, extending R ft fwd along the floor (ct 2) | } Nošica or Scissors |
| 4 | repeat action of meas 3 | |
| 5-8 | facing ctr, moving bkwd, repeat action of meas 1-4 | |
| | Note: Swing arms fwd down to bkwd low during meas 3-4 and back to W-position on the first ct of the following measure. | |
| 9-16 | repeat action of meas 1-8 | |

Dancedescription by Jaap Leegwater ©1986

Presented at the 35th Annual Kolo Festival in Berkeley, California
November 27-30, 1986 by Jaap Leegwater