

Papingo

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Dance of Epiros

means : the name of a town

Time signature : 4/4 counted 1 2 3 4, or 1 2-and 3 4 (s s s s) or (s q-q s s) or (s s q-q s)

Hands held down

Part A: fast part

moving to right

- A 1 1-2 triplet L-R-L facing right
 3-4 triplet R-L-R facing center
 repeat 7 times , or as is necessary for the music
 to close:
 1-2 triplet L-R-L facing right
 3-4 step R
 1-2 step L close L to R

Part B: slow part - traveling to the right . Hands held up

- B 1 s step R
 s rock L-R rock in place (a 'tsamiko' rocking motion)
 q step L step in front of R
 q step R
 s step L step in front of R
 repeat 6 times (total 7 times)

faces center.

- B 2 s step R
 s
 s lift L lifts in front of R
 s

repeat with opposite footwork (step L , lift R) then once more (step R , lift L)

moving to left

- B 3 s step L to left
 s brush R clockwise
 q step R step behind
 q step L
 s step R step in front of R
 repeat 2 times (total 3 times)



- B 4 s step L to left
 s
 s lift/brush R in front of L
 s

B 4 3 measures of B1 - moving to right

- B 5 s step R
 s rock L-R rock in place (a 'tsamiko' rocking motion)