

FĂPUȘELELE
(Dobrogea, Romania)

FORMATION: Open circle of women, Hands in "V" position
RECORD: Nevafoon 15005
METER: 7/8 counted SSQS
Introduction: 4 Measures

- MEAS.1 Facing & moving LOD, step R(S), stepL(S)step R(Q)
stamp L (S)
2 Repeat meas. 1 reversing ftwk.
3-4 Repeat meas. 1-2
5 Facing LOD, turning $\frac{1}{4}$ turn to R, jump on both
feet (S), jump (S), jump (Q), jump (S)
6 Repeat measures 5, turning to face LOD
7-8 Repeat measures 5-6
9 Facing LOD, hands on waist, step R to R (S)
step L behind (S) step R to R (Q), stamp L (S)
10 Repeat meas. 9 reversing ftwk.
11-12 Repeat meas. 9-10
NOTE: Turn to face center on measure 12.
13-16 Turn CW, $\frac{1}{4}$ turn per meas, clapping in rhythm
with arms straight out, step is the same as
measure 5; jump(S) jump(S) jump(Q) jump(S)
17-20 Repeat meas. 13-16, reversing direction
21 Facing center, hands joined in "V" position;
small leap fwd(S), small leap fwd (S), small
leap R (Q), stamp L (S), arms swing down (S)
back (S), up (Q), place (S)
22 Repeat meas. 21, reversing ftwk & direction
(arms remain the same).