

PATESKATA

(Bulgaria)

A simple dance based on the Pravo Horo done in the villages around Varna. Source: Julian Stanev. Heritage Folklore Workshop, Lachine, Quebec, July 1998

Pronunciation: PAH-tesh-kah-tah
Music: Yves Moreau cassette
Rhythm: 2/4
Formation: Mixed lines, hands joined down at sides. Wt on L. Face slightly R of ctr.
Style: Knees bent, upper body straight and proud. Heavy, earthy feeling.
Arms strong and rhythmical.

Meter: 2/4

Description

1-12 Introduction (fast) music. No action . Start with slower music

1. Basic traveling step

- 1 Traveling in LOD, step on R (1) step on L (2)
- 2 Still facing LOD, feet together, bend knees (1) hold (2)
- 3 Facing ctr, step onto L (1) sharp low stamp with L next to R (2)
- 4 Facing ctr, step fwd R (1) step fwd L (2)
- 5 Step fwd R, bringing L ft behind R calf (1) hold (2)
- 6 Step back onto L (1) hold, raising R knee slightly (2)

Dance repeats from beginning.

Note: In meas. 2, the flexion and pause can be replaced anytime by three little steps, R-L-R