Pembe - Gypsy Variation

(Serbia)

This dance comes from the city of Vranje and the Vranjsko Polje region in southern Serbia.

Pronunciation: PEHM-beh

Music: 4/4 meter Serbian Folk Dance, Vol. 3, Track 5

Formation: Open circle of dancers; alternating M and W, M face out and W face in,

holding hands at shldr height, arms almost straight, so that they form an inner circle of men and an outer circle of women. Turn body slightly twd LOD. Note: When a woman dances in the man's position, she should dance the

woman's steps.

		woman's steps.
Steps & Styling:		Soft bounces on each step.
Meas		<u>4/4 meter</u> <u>Pattern</u>
I.		FIGURE I.
1		Standing on L, small kicks of R ft to L and R in front of ankle (cts 1-2); rock bkwd R, bending slightly at waist (ct 3); step fwd L (ct 4).
2		Skipping steps with ft very close to ground, moving CCW: hop L (ct 1); step R fwd (ct &); hop R (ct 2); step L fwd (ct &); repeat cts 1-2 (cts 3-4).
3-4		Repeat meas 1-2.
II.	-	FIGURE II.
1		Lift R (ct 1); three step (R, L, R) in place (ct 2-4).
2		Repeat meas 1 with opp ftwk.
3		Releasing hands (but M's hands remain at shldr level, W's at head level), touch R fwd (ct 1); passing ptr by L shldr, walk fwd three steps (R, L, R) (cts 2-4). Turn body slightly so L hand is higher and more fwd as R ft touches.
4		Touch L in place (ct 1); walk three steps (L, R, L) make a half-turn L to end facing opp direction (cts 2-4). Reverse hands from meas 3.
5-8		Repeat meas 1-4, except on meas 8, M turn CCW to join W, forming one line.
III	I.	FIGURE III (Traveling) (Note: done with very flat feet)
1		Touch steps moving CCW: Touch R fwd (ct 1); step R fwd (ct 2); touch L fwd (ct 3); step L fwd (ct 4).
2-3		Repeat meas 1 twice (a total of six touch-steps).
4		Touch R twd ctr (ct 1); leap bkwd R (ct 2); leap L to L (ct 3); leap R in front of L (ct 4).

Repeat meas 1-4 moving CW starting with L. M use meas 8 to turn out L to the Fig I pos and rejoin hands.

Note: When Fig III is repeated, meas 8 becomes a "touch-step-touch-step (cts 1-4). Do not turn out into Fig I position, but end facing ctr.

IV. <u>FIGURE IV</u> (drumming, only 6 full cts)

M and W face each other. W make a half-turn L with 12 small, quick steps in place, beg R. Arms are bent at the elbow at head height and coil inward around each other. Twist hips slightly from side to side during each step. M touch R fwd, step R in place, touch L fwd, step L in place, touch R fwd, touch R in place, moving arms as in Fig II. All end facing ctr.

V. <u>FIGURE V</u> (Pembe)

- Facing ctr, touch L in front of R (ct 1); small bounce on R (ct 2); lift L fwd with bent knee (ct 3); step L next to R (ct 4).
- 2 Repeat meas 1 with opp ftwk.
- Tap L in front of R (ct 1); small bounce on R (ct 2); lift L up and behind R with slight turn of body to face CW (ct 3); step L behind R (ct 4).
- Step R to R (ct 1); step L in front of R with slight turn of body to face CCW (ct 2); lift R in front (ct 3); step R next to L with slight turn twd ctr (ct 4).

Sequence: Fig I, Fig II, Fig III, Fig I twice, Fig II, Fig IV, Fig III, Fig.V

Presented by Miroslav "Bata" Marčetić