

Presented by Athan Karras

PILALITOS

(Pee-lah-lee-h-toss)

SOURCE: Danced in Soufli, Thrace and presented also by Eleni Tsaouli, director of folk dance ensemble, Panhellenion in Greece. Pilalitos means to leap as opposed to the jumping steps in most Greek dances. It is very popular in Thrace, and the leaping reminds us of horses. The unique element in this dance is that it begins to the left and then changes to the right.

RECORD: Panhellenion KT 1001

FORMATION: Open circle, holding hands in basket hold, derived from the original belt-hold.

6/8

PATTERN

Measures FIGURE A

- 1 Step L to L; step R across in front of L
 - 2 Step L to L; cross R in front of L and
 - 3 Step L to L; swing R in front of L and raise knee slightly
 - 4 Step R to R; swing L in front of R and Raise slightly
- REPEAT FOUR TIMES

FIGURE B -VOCAL

- 1-2 Repeat FIG, meas 1 and 2
 - 3 ~~As R is crossed in front of L,~~ jump fwd with both feet and hold
 - 4 Step bwd L, step bwd R, bringing them together
- REPEAT TWICE

FIGURE C (Fast Part)

- 1 ~~Step R to R, in LOD, and hop on R as you raise L~~ IN LOD
(STEP-HOP ON R)
 - 2 ~~Step L to R crossing in front of R, hop and raise R~~ (STEP-HOP ON L)
 - 3-4 ~~Step R to R and hop on R and raise L~~ REPEAT MEAS 1-2
- ~~Repeat Meas 1-4~~
REPEAT MEAS 1-4

FIGURE D (Fast Part)

- 1 ~~Step R, hop and raise L, travel~~ IN LOD
STEP-HOP ON R
 - 2 ~~In place, cross L in front of R, step, hop, bring R leg around~~
 - 3 ~~In place, cross R in front of L, step, hop, swing L leg around~~
 - 4 ~~in place, cross-cut L in front of R, hop, swing R leg around~~ STEP-HOP ON L
- REPEAT MEAS 1-4

FIGURE E

- 1 ~~Step R to R, travel and hop on R~~ IN LOD STEP-HOP R
 - 2 ~~Cross L in front of R, step and travel in LOD, hop on L~~ STEP-HOP L
 - 3 ~~Swing R leg around, cross in front of L, in RLOD, step on R in~~
~~syncopated step (Q).~~ THROW BODY & CROSS R OVER L TO FACE 1/2 OF CIRC.
STEP ON R, STEP L TO L SIDE, CROSS R IN FRONT OF L
 - 4 ~~Take a (Q) side-step to L with L, then a (Q) crosstep with~~
~~R to L; then a large jump step to L with both feet.~~ LEAP TO L & LAND ON BOTH FT
- REPEAT MEAS 1-4