

Presented by: Athan Karras

LL '73

PILALITOS

Pronounced: PEE-LAN-LEENI-TOSS

SOURCE: Danced in Soufli, Thrace. Presented also by Elend Tzacouli, director of folk dance ensemble PANHELLENION in Greece. Pilalitos means to leap as opposed to the jumping steps in most Greek dances. It is very popular in Thrace, and the leaping, almost reminds us of horses leaping over. The unique element in this dance is retaining a complete change of beginning to dance in the left and then changing to the Right.

RECORD: PANHELLENION - KT 1001

FORMATION: An open circle holding hands in basket hold, which has derived from the belt hold as done originally.

MUSIC 6/8

PATTERN

Measure FIG. A

- 1 step L ft to L; step R ft across in front of L
- 2 step L ft to L; cross R ft front of L ft and step
- 3 step L ft to L; swing R ft front to L and raise slightly bent knee
- 4 step R ft to R; swing L ft front of R and raise slightly

REPEAT FOUR TIMES

FIG. B vocal

- 1 Same as in Fig. (A)
- 2 same as in Fig (B)
- 3 as R ft is crossed in front of L jump forward with both feet, and hold for one count
- 4 step bwd L ft. step bwd R ft bringing them together

REPEAT TWICE

FIG. (C) Fast part

- 1 In LOD traveling to R
step R ft to R and hop on R ft as you raise L ft up
- 2 step L ft to R crossing in front of R, hop and raise R ft up
- 3 step R ft to R and hop on R ft as you raise L ft up
- 4 (repeat measure 2)

REPEAT MEASURES 1-4

Continued...

Filalitos (Contd.)

FIG. (D) Fast part

- 1 step R ft, hop and raise L ft up, travel
- 2 in place, cross L ft in front of R, step h p, swing R leg around, and
- 3 in place cross R ft in front of L, step, hop, swing L leg around, and
- 4 in place crosscut L ft in front of R, hop, swing R leg around, and

REPEAT AT MEASURES 1-4

FIG. (E)

- 1 step R ft to R travel and hop on R ft
- 2 cross L ft in front of R, step and travel in LOD, hop on L ft
- 3 swing R leg around cross in front of L in RIOD, step on R ft in a synopated step (Q)
- 4 take a (Q) side step to L with L ft. then a (Q) crosstep with the R ft to L; then a large jump step to L with both feet.

REPEAT MEASURES 1-4