

PILIORITIKO

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Thessaly

Unlike the other dances, this dance was collected from performing groups. No villagers were seen doing this dance.

The dance is in 4/4 rhythm, uses V arm position, starts with weight on L ft.

Aplo

Count

- 1 R walk to the right / bend knee on &
- 2 L walk to the right / bend knee on &
- 3 R step back out of circle so that you face center / bend R knee allowing L leg to return under body
- 4 L step slightly back to left / bend L knee, allow R leg to return under body before you

Step R again to repeat counts 1 - 4

Diplo

In place of the three walk/bends in the same directions do three running 1,2,3's (R-L-R, L-R-L, R-L-R)

On count 4 you have several options - anyone can do any one of these at any time during the dance

*Step or leap on L slightly back and swing R leg in front of L close to floor.

*Step L, stamp R ft. next to left

*Jump onto both feet (most of weight on L), hop on L ft. allowing R leg to swing slightly in front of L.

LEADER OPTION: Leader is free to turn at any time in the dance as many times as desired - of course, at some point you should end up dancing with the rest of the line

PRESENTED by ANDY and NIKIE SAFFAS / NORTHWEST BALKAN CAMP / 1980

directions by Mary Hoagland