

PLETENICA
(Bulgaria)

PLEH-teh-nee-tsah

Learned by Yves Moreau, summer 1966 from ^{of an} amateur dance group in Plovdiv, Western Thrace, Bulgaria. This is one of the many variations on the Gankino/Kopanica dance type in 11/16 meter found throughout Western Bulgaria. The dance is often called "Krivo Horo" or "crooked dance" due to its twisting patterns as compared to the smoother "Pravo" or straightmoving dances.

RECORD: Worldtone WT-YM 005 A 11/16 meter: 1-2, 1-2, 1-2-3,, 1-2, 1-2. Counted here as 1, 2, 3, 4, 5.

FORMATION: "Na lesa". Mixed lines of M & W, belt hold, L over R. Face ctr, wt on L ft.

STYLE: Slight knee bend. Steps are small & sharp. Upper part of body is proud and erect.

PATTERN

Measure

No introduction music. Dance may start at the beg of any musical phrase.

OSNOVNOTO (Basic Step)

- 1 Facing ctr, small step bwd on R (ct 1) small step bwd on L ^{NEXT TO R} (ct 2) small step fwd on R (ct 3) facing LOD small hop on R ft (ct 4) step on L in LOD (ct 5)
- 2 Step R in LOD (ct 1) step L in LOD (ct 2) facing ctr, small leap sideways R onto R (ct 3) small leap onto L in front of R (ct 4) small leap back onto R (ct 5)
- 3 Still facing ctr, small step sideways L onto L (ct 1) step on R behind L (ct 2) step L to L (ct 3) small hop in place onto L, simultaneously sending R leg fwd, straight knee (ct 4) sharp slap-brush bwd. with R leg ~~brush~~ (ct 5).

PLETI (Twists)

- 1 Repeat pattern of meas 1, FIG 1, exactly
- 2 Step R in LOD (ct 1) step L in LOD (ct 2) step R in LOD (ct 3) small hop onto R (ct 4) sharp slap-brush ^{with} L leg across R (ct 5)
- 3 Still facing LOD, step bwd on L (ct 1) step bwd on R (ct 2) step on L facing ctr (ct 3) facing RLOD, small hop on L (ct 4) slap-brush with R leg across L (ct 5)
- 4 Facing ctr, small step bwd on R (ct 1) small step bwd on L (ct 2) small step fwd on R (ct 3) small jump onto both feet with L ft crossed slightly in front of R (ct 4) hold (ct 5)
- 5 Small jump onto both feet with R crossed slightly in front of L (ct 1) hold (ct 2) small hop on R sending L sharply fws straight knee (ct 3) small hop again on R, L starts coming upward (ct 4) small step bwd on L (ct 5).