

POLKA MAZOURKA

The Polka step was also combined with other steps, in this case the Mazourka (old spelling). Since the latter is in 3/4 time it means that the polka must be adapted to a three-count rhythm.

MUSIC: Record: Columbia DX. 1280. Old Time Dance Series No. 34 Polka Mazurka (Violetta) Excellent for this dance

FORMATION: Couples in closed dance position, M back to center of room

STEPS: Mazurka* *polka* adapted to 3/4 time is comparable to a two-step-waltz (step ct 1, close ct 2, step ct 3). The hop is omitted.

MUSIC 3/4	PATTERN
1	I. <i>Mazourka Step</i> Starting M L, W R ft take one mazourka step in line of direction (glide-cut-hop).
2	II. <i>Adapted Polka Step</i> Follow with the polka step as described, making one-half turn in place CW (M is now facing center of room).
3	III. <i>Mazourka Step</i> Repeat the mazourka step starting M R, W L ft, moving forward in line of direction.
4	IV. <i>Adapted Polka Step</i> Repeat the polka step turning one-half turn CW to finish in original position.

This pattern may be varied by guiding the W across toward the center of the room on the first polka step without changing the position of holding, and back to the outside of the circle of dancers on the second polka step. (A comparable movement is the first figure of the Marklander.)

A second variation is to take the mazourka in LOD as described, then take the polka in *pursuit*—that is, the W going backward, the M forward toward the wall, repeat the Mazourka against LOD and repeat the polka in reverse *pursuit*, the W going forward, the M backward toward the center of the room.

The first description with the two variations may be danced in sequence if one desires a greater variety of pattern. Dancing each part for eight measures results in an interesting combination.

Note: In an earlier pattern of the polka mazourka, before the variations were used, the mazourka step was danced as: glide, cut, hop, clicking the heels on the hop.