

# POLKA MAZURKA

(Polish-American)

This Polka Mazurka was first performed at the 1939 International Exposition on Treasure Island. At that time a group of folk dancers was performing at the Estonian Village. With no other aim than to revel in dancing, a young Estonian ballet dancer and an American folk dancer collaborated to create this Polka Mazurka, now a popular dance with the Folk Dance Federation of California. (HG)

**MUSIC:** Record: Standard F6002 "Love and Kisses"  
**FORMATION:** Couples in circle formation, partners facing and holding inside hands with outside hands on hips.  
**STEPS:** Pas de Basque\*, Click step, Step-Hop\*, accented waltz step.

Music	PATTERN
	<b>I. Pas de Basque and Accented Waltz Step.</b>
Measure	
1-2	With inside hands joined and outside hands on hips, pas de basque on outside ft. turning back to partner; pas de basque on inside ft. turning to face partner.
3-4	Starting L, M moves directly fwd. with 2 accented waltz steps (leap, run, run) turning W under their joined hands. (W takes 2 accented waltz steps starting R, making a complete turn and ending facing M in a single circle formation.)
5-6	M holds W hands in extended position shoulder height. Beginning L, he dances 2 accented waltz steps fwd. while W starts R and moves bwd. with 2 accented waltz steps.
7-8	Dropping hands, both clap on 1st ct. of meas. and assuming Hungarian waist position, turn with 2 accented waltz steps to assume original position.
9-16	Repeat the action of meas. 1-8, finishing in original position.
	<b>II. Click step and Waltz Circling</b>
1-4	Partners facing with inside hands joined and outside arms curved overhead, execute the click step progressing fwd. Click step: (Directions for M; W does the same with opposite ft.) Step on L (ct. 1); displace L with R at the same time clicking heels (cut step) (ct. 2); hop on R clicking heels a second time (ct. 3). Repeat, executing 4 times in all.
5-8	Following the last click step M kneels as W circles M CCW with 4 waltz steps. (M holds W L hand in his R as she circles.) W free hand holds skirt.
9-16	Repeat action of meas. 1-8 moving in a CW direction, M start R and W L. W circles M CW.
	<b>III. Waltz step away and Step-Hop.</b>
1-4	Partners face each other in a double circle, W with hands on hips, M with arms folded and back to center of circle. They separate with 4 accented waltz steps, both starting L.
5-8	Return to partner with step-hops L, R. Take Hungarian waist position and turn CW with 6 running steps.
9-16	Repeat action of meas. 1-8.