

# Polka Piquée

(BRITANNY-FRANCE)

THIS TYPE OF DANCE IS QUITE COMMON IN UPPER BRITANNY AS WELL AS OTHER REGIONS OF FRANCE AND WESTERN EUROPE. THE CIRCLE-COUPLE FORM IS CHARACTERISTIC FOR BRETAGNE.

MUSIC: ANY 'POLKA PIQUÉE' OR YVES MOREAU SPECIAL CASSETTE. 2/4 METER.

FORMATION: CPLS (W ON M'S R) JOINING HANDS (DOWN AT SIDES) IN A LARGE CIRCLE. FACE L OF CTR. WT ON R FT.

MEASURE	DESCRIPTION
1-8	INTRODUCTION TO SLOW MUSIC - NO ACTION.
	<u>CHORUS STEP</u> (DONE BETWEEN EACH FIGURE)
1-8	FACING L OF CTR AND TRAVELLING CW, EVERYONE DO EIGHT TRAVELLING TWO-STEPS STARTING WITH L FT (L-R-L, R-L-R, ETC.). THE ARMS ARE UP AT SHLDR HEIGHT ON THE UNEVEN COUNTS AND DOWN AT SIDES ON THE EVEN CTS.
	<u>FIG. I - POLKA STEP OUT AND IN</u>
1	DANCERS STILL JOINING HANDS AND FACING L OF CTR, SMALL HOP ON R SIMULT. TOUCHING L HEEL TO L (1) HOP AGAIN ONTO R FT AND SIMULT. FLICK L FT SHARPLY BEHIND R CALF (2)
2	STEP ON L FT TO L (1) CLOSE R TO L (&) STEP ON L TO L (2) * THIS IS A TWO-STEP ACTION.
2-4	SAME AS MEAS 1-2 REVERSING DIRECTION & FTWORK.
4-8	REPEAT PATTERN OF MEAS 1-4
	<u>FIG. II - POLKA STEP OUT AND IN HOLDING COSTUME</u>
1-8	SAME FTWORK AS IN MEAS 1-8 FIG. I BUT DO NOT JOIN HANDS WITH NEIGHBOURS. INSTEAD, MEN HOLD OWN LAPELS OF VEST AND WOMEN HOLD OWN DRESS.
	<u>FIG. III - POLKA STEP IN &amp; OUT FACING PARTNER</u>
1-8	SAME FOOTWORK AS IN FIG. II BUT ON 8TH MEAS OF CHORUS TRAVELLING STEP, M TURN TO R TO FACE PARTNER AND POLKA STEP IS DONE SLIDING AWAY FROM EACH OTHER. M MUST GET BACK TO CIRCLE FACING L OF CTR ON LAST SLIDE STEP.
	<u>FIG. IV - POLKA STEP CHANGING PLACES WITH PARTNER</u>
1-8	SAME FTWORK AS IN FIG. III. M ALSO FACE PARTNER ON LAST CHORUS STEP, THEN GIVE TWO HANDS TO PARTNER AND CHANGE PLACES (TO R) ON 2ND MEAS AND THEN BACK TO PLACE ON MEAS. 4. REPEAT DANCE FROM BEGINNING.