

CSU FOLK DANCE CAMP

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POLKA SKOCZEK - POLECKA
Poland

Pronunciation: Polka S-koh-ch-eh-k - Pole-etch-ka

Source: As learnt from Zbigniew Pienkowski, noted dance choreographer, while studying in Krakow during February-March 1975.

Music: MUZA XL-0181 Side B, band 1h "He, He, He". Music is in 2/4 time.

Formation: Cpls in a double circle facing LOD. MR, WL hands joined on M R waist; ML, WR hands joined, bent from elbow and held above head. Dir are fo M, W on opp ft and dir unless noted.

MEAS.

PATTERN

1- 2 INTRODUCTION

PART I

- 1 Touch L heel fwd, touch L toe beside R.
- 2 Step-close-step starting L, turning 1/2 turn CW with ptr, travelling CCW around room, ending in ptr place, facing RLOD.
- 3 Repeat Part I meas 1 starting R.
- 4 Repeat Part I meas 2 starting R facing LOD.
- 5- 8 Repeat Part I meas 1-4.
- 9-16 Repeat Part I meas 1-8.

PART II

- Turn CW with ptr, travelling CCW around room. Lifting of R is like a dog lifting his leg at a fire-hydrant.
- 1 M - step L, lift R.
W - step-close-step starting R.
 - 2 M - step-close-step starting R.
W - step L, lift R.
 - 3-16 Repeat Part II meas 1-2 seven times.

PART III

- 1- 8 Repeat Part I meas 1-8.

INTERLUDE

- 1- 2 Two polka steps individually to end in a double circle side-by-side, facing LOD, M on the inside, hand flat on hips.

PART IV

- 1 Touch L heel fwd, touch L toe beside R.
- 2 Step-close-step starting L.
- 3- 4 Repeat Part IV meas 1-2 on opp ft.
- 5 Jump slightly L landing on both ft bending knees slightly. Jump back to place straightening knees.
- 6 Repeat Part IV meas 5 jumping slightly R.
- 7- 8 Two polka steps individually M turning L, W turning R.
- 9-16 Repeat Part IV meas 1-6.
- 17-20 Repeat Part IV meas 5-8.

continued...

OSU FOLK DANCE CAMP

ADDRESS - WEEDERS ARMY

POLKA SKOCZEK - POLECKA (CONTINUED)

PART V

- 1- 2 Two polka steps passing L chlds with ptr to opp place.
- 3- 4 Two polka steps passing R chlds with ptr returning to orig place.
- 5- 8 Facing ptr repeat Part IV meas 5-8.
- 9-16 Repeat Part V meas 1-8.
- 17-20 Repeat Part V meas 5-8.

PART VI

Social dance pos.

- 1- 4 Repeat Part IV meas 1-4.
- 5- 6 Repeat Part IV meas 5-6, jumps are facing ptr.
- 7- 8 Two polka steps with ptr.
- 9-16 Repeat Part VI meas 1-8.
- 17-20 Repeat Part VI meas 5-8.

PART VII

- 1- 4 Repeat Part V meas 1-4.
- 5- 8 Repeat Part VI meas 5-8.
- 9-16 Repeat Part VII meas 1-8.
- 17-20 Repeat Part VII meas 5-8.

INTERLUDE

- 1- 2 Pivot four steps with ptr.

PART VIII

- 1-16 Repeat Part I meas 1-16.

PART IX

- 1-16 Repeat Part II meas 1-16.

PART X

- 1- 8 Repeat Part I meas 1-8.
- 9-16 Repeat Part II meas 1-8.

PRESENTED BY GLENN WEBER