

## POLKA ZU DREIEN

A GERMAN DANCE FOR THREE

RECORD FOLK DANCERS MH 1051

FORMATION: Sets of three, on man and two ladies or vice versa. Incidentally we have on occasion, when necessary, done this with 4 or 5 in a line.

Part 1: Place right heel forward, then place toe in front of left. Take one two-step forward (or polka steps). Repeat with left heel and toe and one polka step. Repeat all again. Now turn around to face other way and repeat the whole figure in the other direction. Hands are joined.

Part 2; Make a right hand star with a wrist hold and polka forward 8 steps. Repeat with a left hand star in the other direction.

Part 3: Repeat all of Part 1.

Part 4: Circle left with 8 polka steps, circle right with 8 polka steps.

Repeat all from beginning.

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## THE RIFLEMAN

Taught by the Dunsings - English - from Country Dances of Today Book 2, May Gadd, Country Dance Society of America