

Polomka

(Serbia)

Polomka is from N.E. Serbia.

Pronunciation: poh-LOHM-kah

Cassette: "Serbian Folk Dances" SS-3 Side A/1 1988.

2/4 meter

Formation: Mixed lines, hands joined down or belt hold. Dance movement is always to L.

Meas

Pattern

PART I.

- 1 Step on L (ct 1); close R to L, taking wt (ct 2).
 - 2 Step on L (ct 1); close R to L (no wt)(ct 2).
 - 3 Step on R (ct 1); close L to R, taking wt (ct 2).
 - 4 Step on R (ct 1); close L to R (no wt)(ct 2).
- Done as many times as leader desires and music is slow.

PART II. Use very small (sitno) steps.

- 1 Step on L (ct 1); close R (ct &); step on L (ct 2); close R (ct &).
- 2 Step on L (ct 1); close R (ct &); step on L (ct 2); hold (ct &).
- 3 Hop on L (ct 1); step on R behind L (reel step)(ct &); hop on R (ct 2); step on L behind R (reel step)(ct &).
- 4 Step on R (ct 1); step on L (ct &); step on R in place (ct 2).

When music slows, back to Part I.

When tempo increases, do Part II.

Presented by Slobodan Slović