

KOLO ZITA (Continued)

Part II

- Meas. 1 ct. 1 - With weight on R ft., point 1 ft. fwd/L.
ct. 2 - Bring L ft. across R ft., keeping weight on R ft.
- Meas. 2 Same as Meas. 1.
- Meas. 3-4 Seven quick side steps to L stressing full foot, L-R-L-R-L-R-L.
- Meas. 5-8 Same as Meas. 1-4, but opposite footwork and direction.

POSKAKUSA
(Po-skah^o-koo-shah)
Bosnia

Source: Learned from natives in Yugoslavia.

Music: MH 3023-A; The Duquesne University Tamburitzans.

Piano - Narodne Igre Bosne I Hercegovine, Book I, "Sarajevsko Polje,
"Savez Kulturno-Prosvjetnih Drustava Bosne I Hercegovina, Sarajevo, 1950.

Formation: Open kolo, hands joined and held down at sides.

NOTE: Dance is lively, but movements are always neat and confined. Be careful not to swing feet too broadly during Meas. 3-6.

Meas.

- 1-2 Four quick step-hops, beginning with R ft., moving to the R.
- 3 ct. 1 - Very small step to R with R ft. Ct. & - Close L ft. beside R ft., taking weight on L ft. Ct. 2 - Very small step to R with R ft., at same time swinging L ft. over R ft. Ct. & - Hold.
- 4 ct. 1 - Very small step to L with L ft. ct. & - Close R ft. beside L ft., taking weight on R ft, Ct. 2 - Very small step to L with L ft. at same time swinging R ft. over L ft. ct. & - Hold.
- 5 Same as meas 3.
- 6 Same as Meas. 4
- 7-8 Stamp three times in place with R ft.

NARODNO HORO
Bulgaria - Macedonia

Source: This simple horo is a favorite with the Macedonians coming from Bulgaria, now living in U.S. cities such as Detroit and Pittsburgh. The title means "National Hero," and the dance, which has many variations, can be done to any even 4/4 rhythm.

Record: Nanchoff (Delmar) -No. 9.

Formation: Open circle, leader at R end. Hands are held just below shoulder height with palms down and slightly extended toward center of circle.

Steps: Step-hops, step-close-step, step-points.

Meas.

- 1 Facing diagonally R. step on R ft. (Ct.1), hop on R ft. (Ct.&), continuing in LOD step on the L ft. (Ct. 2), hop on L ft. (ct.&).
- 2 Step on R ft. to the side (ct.1), step on L ft. in back of R ft (Ct&) step on R ft. to the side (ct.2), close L ft. to R ft., do not change weight (ct.&)
- 3 Step on L ft. to the L (Ct.1), step on R ft. behind L (ct.&), step on L ft. to L (ct.2) close R ft, to L ft., but do not change weight (Ct.&)

DICK CRUM-Yugoslav Week-end-Miami Valley Folk Dancers
April 28th and 29th, 1956

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