

PRAXLPLATTLER

(Austrian)

Source: The Austrian Kitzbühl Group "The Tyroliers" during their tour of the United States at a special Austrian workshop at Folk Dance House in New York City. Directions taken from films of the dances by Michael Herman and Dave Rosenberg. Dance directions prepared by Dave Rosenberg for THE FOLK DANCER magazine, New York City.

Record: Folk Dancer MH 3018

Styling: This dance is for men only.

Meas. Pattern

Introduction: Raising arms with bent elbows, Hs held at head level with palms out, stamp with R ft on first quarter note of first meas. Stamp R ft again on first beat of second meas. Then execute a "hochsprung" (high jump), as follows: 1st 4th note: RH slaps sole of L ft, as ft is raised in bk of R leg (small hop on R ft). 2nd 4th note: LH slaps L thigh, as L leg is kicked fwd straight out and up (hop on R ft). 3rd 4th note: RH reaches out and slaps sole of R ft, as R leg is kicked up and straight out in front (L leg comes dn). (Beats two and three constitute a scissors kick and legs should be raised so they are straight out from hip and M should get as high off the ground as possible.)

R ft comes dn. There is music added for this action.

Part I. Marching Left and Right: Form circle by putting RH on upper R arm (bicep) of M in front. (L thumb is thrust through top of suspenders. Walk with deliberate, short marching steps to the L for 7 meas (4 steps per meas). On 8th meas turn to face opposite direction, putting LH on upper L arm of M ahead and RH in suspender. March to R for 7 meas. On 8th meas turn to face ctr of circle and bk away a little, each M standing by himself in "ready" pos (ft together, arms raised with elbows bent.)

Part II. Plattle with stamps, while executing plattles, keep these things in mind: Just as much as the Hs slap against the feet and thighs, the feet and thighs should come up to meet the Hs. The top of the body should be kept straight and erect, with head up. Arms should be bent at elbows, rather than held straight. The hops on the supporting ft are so small and light that your ft scarcely leaves the ground; they are more like bounces.

Meas. Pattern

- 1 Hop on L ft, one hop on each quarter note. Follow this slapping pattern: Slap thigh with RH, bend knee to bring thigh to H (1st 8th note). Slap R thigh with LH (2nd 8th note). Slap R thigh with RH (3rd 8th). Slap R thigh with LH (4th 8th). Slap sole of R ft, raised behind, with RH (5th 8th). Slap R thigh with LH (6th 8th).
- 2 Repeat action of meas 1.
- 3 Repeat action of meas 1.
- 4 Raise both arms, elbows bent, palms fwd at head level. Stamp R ft 3 times (once each quarter note).

Repeat meas 1 through 4 twice more (12 meas in all).

For last 4 meas, repeat plattle pattern of meas 1 and 2 and then do a hochsprung.

Part III. Circling and Kicking. Form a circle by putting Hs on upper arm of neighbor on either side and turn body to face L. Step on R ft, moving to L, and with a little hop on R ft, L ft to kick neighbor (with inner side of ft) firmly and deliberately on the rum. Then step on L ft.

continued...

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Do this 7 times and on 8th meas take 2 stamps to turn and face R.

Repeat, going to R, booting neighbor with R ft. On 8th meas, face ctr and move away from ctr of circle, ready to start the plattler.

Part IV. Plattler with hochsprung

Execute meas 1, 2, and 3 of Part II and then do a hochsprung (Note: your R ft does not come dn; keep it raised for first slap of plattler. Repeat four times.

Part V. Circling and Kicking

Repeat Part III.

Part VI Plattler with stamps

Repeat Part II.

On last hochsprung come dn with R knee touching floor.

DIRECTIONS MAY NOT BE REPRODUCED WITHOUT WRITTEN PERMISSION FROM FOLK DANCE HOUSE.

--presented by Walter Grothe