

Puštejnu Oro

(Macedonia)

Danced in the Macedonian community of Toronto, Canada where many Aegean Macedonians now make their home. This dance was first presented by Dick Crum. It is also known as Bufsko or Bufskoto (after Buf, a village to the east of Florina).

This dance is closely related to other dances of Pelagonia, which includes south central Yugoslav Macedonia, Albania, and north central Greece. The typical 3 measure "Berance" pattern is found in many dances of the area, including Leventikos, Zensko Pustejnu, Berance, Gerontikos, Amoliti Gaida, Kucano, etc.

PRONUNCIATION: PUSH-tey-nu Oro

MUSIC: OOPS-2 (Cut of Print Service) Seljani - Village Music of Macedonia; Laguna Folkdancers Festival 2006 CD

RHYTHM: 7/16 – 5/16; counted as SLOW-QUICK-QUICK-SLOW-QUICK: or 1, 2, 3, 4, 5

FORMATION: Open circle of dancers with hands held up in "W" position. All facing ctr.

STEPS: Chukche step*: A hop which does not leave the ground.

METER: 7/16 + 5/16

PATTERN

Meas Count

- | | | |
|---|---|---|
| 1 | 1 | With wt on L ft, chukche* on L awhile flexing R knee and extending R ft fwd. |
| | 2 | Repeat meas 1, ct 1. |
| | 3 | Step sideways to R onto R ft. |
| | 4 | Step onto L ft crossing it in front of R ft. |
| | 5 | Step to R onto R ft. |
| 2 | 1 | Facing slightly R of ctr, cross and step onto L ft in front of R ft. |
| | 2 | Chukche on L ft while lifting and moving free R ft fwd in preparation for step. |
| | 3 | Step to R onto R ft. |
| | 4 | Turning to face ctr, step fwd onto L ft. |
| | 5 | Step backwards into place onto R ft. |
| 3 | 1 | Chukche in place on R ft. |
| | 2 | Chukche in place on R ft. |
| | 3 | Step in place onto L ft. |
| | 4 | Step backwards onto R ft. |
| | 5 | Step fwd onto L ft. |

Repeat entire dance.

Note: The above pattern constitutes the basic form of this dance, however, many variations are often added at the discretion of each dancer. Typical variants include:

Meas 1, ct 4: Step onto L ft crossing it behind R ft.

Meas 1, ct 5: Chukche on L ft (1/16); Step to R onto R ft (1/16).

Meas 3, ct 1: Tucking L-heel behind R ankle, Chukche on R ft while turning body slightly L.

ct 2: Tucking L-heel behind R ankle, Chukche on R ft again while turning body to face ctr.

Meas 3, ct 4: Chukche in place on L ft (1/16); step backwards onto R ft, flexing both knees.

Presented by Steve Kotansky at the Laguna Folkdancers Festival 2006