

PUT YOUR LITTLE FOOT*American Varsouvienne*

Traditional American Couple Dance

Record: Folkraft #1165 B.

Starting Position: Couples in Varsouvienne Position*, Left foot free.

MEASURES

Music A

I - LONG PHRASE

- 1-2 TWO MAZURKA STEPS**, starting with Left foot, progressing diagonally forward, left,
- 3 THREE WALKING STEPS (Left, Right, Left), Man leading partner across in front of him to his left side,
- 4 POINT RIGHT TOE diagonally forward right (counts 1,2). On count 3, bring Right foot across in front of left instep, right toe pointed downward.
- 5-8 Repeat pattern of Measures 1-4, starting with Right foot, progressing diagonally forward right.

Music B

II - SHORT PHRASE

- 1-2 THREE WALKING STEPS (Left, Right, Left), Man leading partner across in front of him to his left side and both POINT RIGHT TOE diagonally forward right. On last count, bring Right foot across in front of left instep, right toe pointed downward.
- 3-4 THREE WALKING STEPS (Right, Left, Right), Man leading partner across in front of him to his right side and both POINT LEFT TOE diagonally forward left. On last count, bring Left foot across in front of right instep, left toe pointed downward.
- 5-8 Repeat pattern of Measures 1-4.

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**MAZURKA STEP: 3/4 time with an accent on 1,2. "Slide, Cut, Hop", danced in all directions. In "Put Your Little Foot", the hop is eliminated and the step is danced smoothly, progressing forward only. Slide Left foot diagonally forward left, transferring weight to Left foot (count 1), Bring Right foot to Left and displace Left foot, "cutting" left leg diagonally forward. Finish with left leg extended and foot raised a few inches off the floor with the toe pointed downward (2). Bring Left foot across in front of right instep, toe pointed downward (3). Repeat pattern, reversing footwork, for Mazurka Step starting with Right foot.

*VARSOUVIENNE POSITION: See reverse side of this instruction (bottom).