

REINLENDER
(Norway)

The schottisch and Reinlender-polka, similar dances with slightly different rhythms, both spread across Europe about the same time in the 1800's. The two forms were soon merged in the villages and today Norwegians most often dance to a schottisch tune, but call the dance reinlender. This description contains a number of common variants which can be combined freely.

Source: Egil Bakka: Danse, danse lett ut på foten, Oslo 1970.

Pronunciation: RINE-lend-er

Music: No. 54, 55, or 56 in Klara Semb, Norske Folkedansar III, Oslo 1952. 2/4 meter: count 1 & 2 &. ♩ = 84.
Record: Triola TNLP 38, side A, band 2 "reinlender" or side A, band 5 "Olas reinlender".

Formation: Cpls facing CCW in a circle. Outside hands hang freely at sides, or may be placed on hip. Placement of inside hand will depend on figure danced.

Steps: Bytomfot step I. Reinlender turn I or Reinlender turn II.

NOTE: THE FOLLOWING FIGURES SHOULD NOT BE DANCED OVER AND OVER AGAIN IN THE ORDER GIVEN. THEY SHOULD BE SELECTED AND VARIED TO SUIT INDIVIDUAL TASTE.

Meas

PATTERN

I. OPEN

1-2 Cpl join inside hands between waist and shoulder height.
Dance 2 bytomfot step I in LOD beginning with outside ft.
3-4 In shoulder-waist or ballroom pos dance reinlender turn I while turning CW twice and progressing in LOD. W may dance reinlender turn II if she chooses. Whichever turn she selects she should use it throughout the dance. It is uncommon for a dancer to change between reinlender turn I and reinlender turn II during the dance. The M always dances reinlender turn I.

II. CLOSED

1-2 M place R arm around W waist, W place L hand on M R shoulder. Ftwrk same as meas 1-2, fig OPEN.
3-4 As meas 3-4, fig OPEN.

III. CONTINUE FORWARD

Use handhold as in fig OPEN or CLOSED.
1-2 As meas 1-2, fig OPEN
3-4 As meas 3-4, fig OPEN, but do not turn. Move straight ahead in LOD.

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REINLENDER (cont)IV. TURN AWAY

- 1-2 No handhold. Progressing in LOD, M turns CCW, W CW, 1 turn using 1 bytomfot step I. Dance fwd in LOD using 1 bytomfot step I.
- 3-4 As meas 3-4, fig OPEN.

V. TURN TWICE

- 1-2 No handhold. Progressing in LOD, M turn CCW, W CW, 2 turns using 2 bytomfot step I.
- 3-4 As meas 3-4, fig OPEN.

VI. CLAP

- 1-2 As meas 1-2, fig OPEN or TURN AWAY, except M clap hands on last beat (ct &) of meas 2.
- 3-4 As meas 3-4, fig OPEN.

VII. SLAP

- 1-2 As meas 1-2 in figs OPEN or TURN AWAY, except M slaps outside of L heel with L hand on last beat (ct &) of meas 2.
- 3-4 As meas 3-4, fig OPEN.

VIII. CLAP SLAP

- 1 As meas 1, fig OPEN.
- 2 While dancing 1 bytomfot step I beginning with R ft, M claps hands (ct 2) and slaps outside of L heel with L hand on last beat (ct &).
- 3-4 As meas 3-4, fig OPEN.

IX. TURN LEFT

- 1-2 As meas 1-2, fig CLOSED.
- 3-4 As meas 3-4, fig OPEN, except cpl turn CCW twice while progressing in LOD.

X. STAMP

- 1-2 As meas 1-2 of any variation, except M stamps on first ct of any meas.
- 3-4 As meas 3-4, fig OPEN.

XI. CONTINUOUS TURN

- 1-4 As meas 3-4, Fig OPEN, twice.

Presented by Bruce Taylor