

Rheinlander - Polka

PRONUNCIATION: ryne-lenn-dehr polka.
TRANSLATION: Rheinlander-Polka
RECORD: Aqua VIKING 860 a.
TUNE TITLE: "Den Gamle i G".
FORMATION: Any nr of cpls in circle, LOD CCW.
POSITIONS: Single hand hold (at shldr level),
Formal closed posn.
FOOTWORK: Opp throughout; two-step, walking step, polka.
CHARACTER: Light and smooth.

A. FWD & BACK:

- 1-2 With inside hands joined, facing fwd, bgng on outside ft,
1 two-step followed by 2 walking steps, in LOD. On last
walking step, M turns halve about to own R, and W to own
L, and other hand is joined with ptrnr.
3-4 Bgng on other ft (which is now outside), 1 two-step
followed by 2 walking steps, in RLOD.

B. POLKA TURN*

- 5-8 In formal closed posn, 4 polka steps turning CW and
progressing fwd in LOD.
Sequence repeated as many times as music allows.

*Some dancers replace the last 2 polka steps with a 4-cnt pivot turn.

Description by Gordon E. Tracie

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