

Welsh circle dance, no ptrs.

MUSIC: Record: FOLKRAFT 45

FORMATION: Join hands in a circle & hold hands down.

PATTERN

Meas

1-2 Facing CCW run 7 steps. On 8th step turn to face ctr
& release hands.

3 With 4 running steps turn in place (set) CW, & facing
circle & rejoin hands.

4 Stamp R ft & hold;
Stamp L-R, hold;
Stamp L-R, hold;
Stamp L, hold.

5-6 Step on R ft & swing L ft across R. Step on L ft &
swing R across L. Repeat above again.

7 Repeat stamping sequence.

Repeat entire dance three more times.

Presented by Vyts Beliajus
Idyllwild - 1972