

RÓWNY
Rzeszów region, SE Poland

Pronunciation: Roov'-nih, meaning "equal".

Record: LTN 1001, Z Okolic Rzeszowa, Side B, Band 7.

Formation: Cpls in circle, M faces LOD, W faces ptr. Closed dance pos, M holds WR hd on his L shldr with his L hd, L elbow lifted to side.

Meter: $3/4$

Source: Learned from Alicja Haszczuk, Opole, Poland, 1979.

Meas

Pattern

No introduction.

I. (Slow music)

- 1 M: Step R fwd with toe turned out, knees bent(ct 1). Sweep straight L leg from back to front in a semi-circular motion, making $\frac{1}{4}$ turn CW. Touch L ft fwd(ct 2), knees straighten, hold(ct 3).
W: Step L bwd with heel leading out(ct 1), close R to L, swinging heels to L to turn body approximately $\frac{1}{4}$ CW (ct 2), lower heels(ct 3).
- 2 Rpt meas 1 with opp ftwk and dir.
- 3-15 Rpt meas 1-2 $6\frac{1}{2}$ more times.
- 16 M stamp LR, W stamp RL(cts 1,2), hold(ct 3).

II. (Fast music)

- 1-7 Spin CW in place with small, even steps. Both begin L.
- 8 Stamp LR(cts 1,2), hold(ct 3). W squeal on meas 1-7, shout "yahoo" on meas 8.
- 9-16 Rpt meas 1-8 with opp ftwk and dir.

III. (Slow music)

- 1 Make one large circle, W to MR, hds joined in W pos. Step swd R(ct 1), close L to R and raise heels(ct 2), lower heels(ct 3). Hds swing down on ct 3.
- 2 Rpt ftwk of meas 1. Hds swing up to W pos(ct 1), hold(ct 2), swing down(ct 3).
- 3-7 Rpt meas 1-5 more times.
- 8 Stamp RL(cts 1,2), hold(ct 3). Hds remain up on ct 3.
- 9-16 Rpt meas 1-8 with opp ftwk and dir.

IV. (Fast music)

- 1-16 Rpt Fig II, meas 1-16.

V, VI

Rpt Figs I and II.

Presented by Alana Hunter