

1971 SAN DIEGO STATE COLLEGE FOLK DANCE CONFERENCE

Presented by Atanas Kolarovski

RUGOVO
ROO-go-vo)

Dance from a section where 90% of the people are Albanian.

RECORD: See erratta (WT) LP 64-701

FORMATION: Separate lines. M with hands on neighbor's shoulders. W with hands joined at shoulder-height, elbows bent.

STYLE: W make small motions, M make very large motions. Dance is done in a slight squat position with back arched.

2/4 meter

PATTERN

Measures

8 INTRODUCTION

PART I

1 Facing ctr, jump on both ft apart, toes pointing out, knees bent (ct 1), step L across R (ct 2).

2 Jump on both ft apart again, L toe and head facing to L (ct 1), raise L leg out to L in bwd bicycle motion (ct 2)

3 Jump on both ft apart, R toe and head facing to R (ct 1), raise R leg (knee bent) in back of L leg (ct 2).

PART II

1-4 Repeat action of Part I, except that meas 2 is done twice before meas 3.

PART III

1-4 Repeat action of Part I, except that meas 3 is done twice.

PART IV (M only; W continue with Part III)

1 Moving in LOD, step R (ct 1), step L (ct 2)

2 Lunge fwd on R in LOD with L kneeling bwd as far as possible, body bent over, head facing in LOD (ct 1), hold (ct 2)

3 Straighten body (ct 1), hold (ct 2)

4 Rise on L ft (ct 1), raise R leg (knee bent), in back of L leg (ct 2)

Note: Leader indicates change of figures by raising R hand.

As presented by Atanas Kolarovski
at Stockton Folk Dance Camp 1971

Notes by Marcel Vinokur with assistance
of Ruth Miller.