

1975 SAN DIEGO STATE UNIVERSITY FOLK DANCE CONFERENCE

Presented by Ingvar Sodal

RUND MAZURKA
(Sweden)

Source: As learned from Henrik Henriksson, folk dance teacher from Hälsingland.

Record: Odeon E 054-34342, B5

Formation: Couples in a circle moving LOD.

Position: Same as in closed social dance position, but with W's R hand on M's L hip. M's L hand hold W's R hand.

Steps: "Polka-Mazurka" steps as follows:

Meas.	ct.	
1	1	Small jump on both feet approx. 12" apart. M leading with L ft. W leading with R ft. W facing ctr.
	2	M step R to L W step L to R
	3	While turning CW M step L and W step R thereby completing a 1/4 turn
2	4	Small jump on both ft as in ct. 1 completing half a turn so that M face ctr.
	5	M step L to R, W step R to L
	6	While turning CW M step R and W step L completing a 1/4 turn

Cont. turning till the end of the musical phrase. At the end of phrase stop and turn CCW. ~~This is done by the M doing W's ftwk. and the W doing M's ftwk. as described above.~~

At the end of second phrase again assume CW turn, and at end of third start CCW turn etc.

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Add under "Steps": Meter 3/4

At bottom of page delete the sentence that begins: This is done by the M.....