

SADI MOMA (SAH-dee moh-MAH)
(Bulgaria)

Learned by Yves Moreau, December 1969, from Donka Bakeva, in Blagoevgrad, S.W. Bulgaria (Pirin-Macedonia). This dance-song originates from the villages of Bucino and Krumovo, north of Blagoevgrad. It is apparently also popular in certain villages south of Kjustendil and Stanke Dimitrov (Shope area). This dance is most often done by women.

Record: Worldtone WT-YM-004 B. 7/8 meter: 1-2-3, 1-2, 1-2.
Counted here as 1, 2, 3. Melody with instrumental has 7 meas.
Melody with vocal has 6 meas.

Formation: Mixed line of M and W, "W" pos, hands at shoulder height.
Face slightly R of ctr. Wt on L ft.

Style: Quiet, relaxed movements. Steps are rather small and close to ground. A certain heaviness prevails throughout.

MeasPattern

No Introduction.

- 1 Step R in LOD (ct 1). Step on L across R (ct 2). Hold (ct 3).
- 2 Step R in LOD (ct 1). Step on L across R (ct 2). Step to R with R, turning to face ctr (ct 3).
- 3 Small step bkwd on L, simultaneously arms start moving fwd and down (ct 1). Small step bkwd on R, arms continue down to sides (ct 2). Hold (ct 3).
- 4 Facing slightly L of ctr, small step with L in RLOD, simultaneously arms start moving upward (ct 1). Step R across L, hands are now back in "W" pos (ct 2). Hold (ct 3).
- 5 Small step with L in RLOD, simultaneously arms start moving fwd and down (ct 1). Step on R behind L, arms are now down at sides (ct 2). Hold (ct 3).
- 6 Now facing slightly LOD, small step RLOD and slightly bkwd with L hands are now back in "W" pos (ct 1). Small step to R with R (ct 2). Small step across R with L in LOD (ct 3).
- 7 Repeat pattern of meas 1. NOTE: This meas is omitted during vocal.

TEXT:

Sadi moma bela loza
vinena, libe, vinena (2)

Porasnala bela loza
vinena, libe, vinena (2)

den ja sadi, dva se kae,
vinena, libe, vinena (2)

Napálnila devet b[^]ac^vvi,
s[^]as vino, lele, s[^]as vino (2)

Presented by Yves Moreau