

SALLAMA (sal-la-mah)

(Turkey)

Translation: "Swaying dance"

SOURCE: This line dance from Artvin, northeastern Turkey, was learned from Güneş Ataç in Istanbul in 1970.

RECORD: BOZ-OK 103, side I, band II.

TIME: 2/4

FORMATION: Line dance for women and men. Short lines (6-8 individuals at most). Arms straight down, little fingers hooked at the bottom. Ends of line hold handkerchief if free hand.

STEPS AND STYLING: Begin the dance immediately with the first introductory walking step. Be sure to press "inward by both arms." If everybody does this pressing inward, the line will be close as it should be.

INTRODUCTORY STEP 1

Begin dance with R, walking LOD. Walk 8 cts. R,L,R,L,R,L,R,L. Music changes.

INTRODUCTORY STEP 2

Start with L, hop step-step, hopping on L. 4 times, 8 cts. Music change.

Introductory Step I. Walk 8 cts. Music change.

Do Introductory Step 2 for 16 cts (8 times). Dance starts at the completion of 16th ct of Introductory Step 2.

BASIC STEP

Facing LOD, step R (ct 1), step L (ct 2); touch R heel in LOD with legs straight (ct 3); bring R leg back next to L both knees straight (ct 4); extend L leg in LOD and touch at the heel (ct 5); bring L leg back (ct 6); stamp R in place while turning body to face center (ct 7); stamp again (ct 8).

All three variations in this dance start with the Basic Step.

VARIATION I

Step fwd with L (ct 1); bending body backwards, bring R foot behind L knee and touch the face of the R foot to the back of the L knee (ct 2); step back on R (ct 3); bring L next to R foot (ct 4). Repeat cts 1-4 with opp ftwk. Repeat first 4 cts.

Very sharply turn 90 to LOD. Do this by pivoting on the L foot. In the process of turning, slightly extend R arm straight fwd to the hooking point with the person ahead and L arm straight back to the hooking point with the person following.

Start Variation I again. (Variation I is done twice at the beginning of the dance.)

(continued)

SALLANA (continued)

VARIATION II

Done only during the ha ha ha, hey hey hey part in the middle of the dance. Done right after doing Variation I twice. Facing ctr, leap to ctr on L while swinging R in back of L knee with R knee bent (ct 1); step back on R (ct 2); stamp L twice in place (cts 3,4).

Leap fwd with R while swinging L in back of R knee (ct 1); step on L (ct 2); stamp R twice (cts 3,4).

Repeat first 4 cts starting with L.

At this point do Variation I, the whole thing, starting with Basic Step, turning in for 12 cts, and the final sharp turn to the R just before starting the Basic Step again.

VARIATION III

Hop to L with arms straight and land on both feet (ct 1); hop to R (ct 2); hop again to L (ct 3); hop again to R (ct 4); squat (ct 5); come up on L while swinging R leg in front (ct 6); step on R (ct 7); lift L 90 in front (ct 8); extend L in front and place it against the floor pointing ctr (ct 9); hold (ct 10); slap L in front of R in same spot where it rested (ct 11); bring L next to R (brushing it back) while pivoting on R, the dancer turns sharply to R (ct 12) to begin Basic Step again.

Variations can be in any order, called by the leader.

Presented by Borá Özkök at
Richland Festival, October 14, 1972