

SAR HAMEMUNAH
(Israel)

SOURCE: This dance reflects a typical Yemenite dance style. The steps are done flat footed with flexed knees. TRANSLATION: The Appointed Official. Dance by Yo'av Ashriel

MUSIC:

FORMATION: Cpl in a simple hold. W on M's R, face LOD. Steps described for M, W does opp.

METER: 4/4

PATTERN

Meas Ct

PART A

1 1-4 Slow two-step L fwd
2 1-4 Yemenite R bkwd
3-4 Repeat meas 1-2. Part A

PART B

NOTE: During Part B ptrs move around to complete 1 full turn with all the steps described

1-2 2 slow two-steps L, R starting to turn to L
3 1 Step L to L
2 Bend L knee while snapping fingers to L
3 Step R fwd to complete the turn
4 Bend R knee while snapping fingers to R
4-6 Repeat meas 1-3, Part B. During meas 4-5 ptrs hold R hands

PART C - FACE PTR HANDS JOINED IN FRONT

1-2 2 Yemenite steps L, R
3 1 Step L to L as arms extend to sides
2 Hold
3 Cross R over L with bent knees and bring arms in, elbows bent
4 Hold
4-6 Repeat meas 1-3, Part C

Presented by Ya'akov Eden
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