

BELCEȘTI
 SIRBA DE LA BELCEȘTI
 Romanian

SOURCE: Learned by Mihai David while a member of the Romanian State Folk Ensemble, 1965-1968.

PRONUNCIATION: SIR-buh-lah bel-CHEST

MUSIC: 2/4 meter Gypsy Camp, Vol. 3

FORMATION: Shoulder Hold

<u>Measure</u>	Description
	Figure 1. Face Center.
1	Step R (ct.1), hop on R raising L in front (ct.2).
2	Step L (ct.1), hop on L raising R in front (ct.2).
3	Step R to R (ct.1), step L behind R (ct.2).
4	Step R to R (ct.1), step L behind R (ct.2).
5	Face slightly LOD, step R (ct.1), hop on R (ct.2).
6	Step L (ct.1), hop on L (ct.2).
7	Face center, cross R in front of L with plie (ct.1), step L to L (ct. 2).
8	Cross R in front with plie (ct.1), step L to L (ct.2).
9-32	Repeat meas. 1-8 three more times.
	Figure 2.
1	Step R (ct.1), stamp L, no weight (ct.2).
2	Step L (ct.1), stamp R. no weight (ct.2).
3	Step R to R (ct.1), cross L behind (ct.2).
4	Step R to R (ct.1), cross L behind (ct.2).
5	Step R (ct.1), hop on R raising L in front (ct.2).
6	Step L (ct.1), hop on L raising R bringing it to back (ct.2).
7	Step R back (ct.1), hop on R bringing L to back (ct.2).
8	Step L back (ct.1), hop on L raising L in front (ct.2).
9-16	Repeat meas. 1-8, Fig. 2.

SÎRBA DE LA BELCHESTI

<u>Measure</u>	<u>Description</u>
1	Figure 3. In and out of center. Step on R heel into center (ct.1), close L behind R (ct.&), fall onto R in place (ct.2).
2	Step on L heel fwd. (ct.1), close R behind L (ct.&), fall onto L in place (ct.2).
3-4	Twist heels to R,L,R,L, feet together (cts.1-2, 1-2).
5-6	Back out of center with R (ct.1), L(ct.&), R(ct.2); leap onto L (ct.1), stamp R (ct.2).
7-8	Jump with feet astride (open) (ct.1), jump with feet together (close) (ct.2); repeat cts. 1-2, meas. 7 (cts.1-2).
	Repeat dance from figure 1.

Dance notation by Sherry Cochran