

S Â R B A (LEZEASCA)
De la Floroia - Muntenia

This is a "sârba with figures" which means that to the basic sârba steps there are added stamping steps, jumping steps and hand clappings. This type of dance could be met almost in all regions of Romania. This kind of sârba often bears the name of "Lezeasca" especially in the mountains and hills. This name comes from "laz" which means pasture obtained from a part of the forest where the trees were cut. In the village practice somebody has to call the figures. The sequence of the figures depends on the caller. We present here only 4 figures (parts): A (32 meas)+B(16 meas)+C(16 mas)+D(16 meas).

Pronunciation: SERH-bah (leh-ZEAHS-kah) deh lah flo-RUAH-eeah

Formation: mixed open circle with hands in V-pos or on the shoulders

Rhythm: 2/4 meter

Videotape: Lia and Theodor Vasilescu. Romanian Folk Dances 8

PATTERN

Measure

INTRODUCTION: 4 meas. No action.

PART A

- 1 Facing diag R of ctr and moving in LOD, step on R to R (ct 1); step on L behind R (ct 2).
- 2 Step on R to R (ct 1); lap on R (ct 2).
- 3 Step on L across R (ct 1); leap on L (ct 2).
- 4-6 Repeat meas 1-3.
- 7-8 Repeat meas 1-2.
- 9 Facing ctr, stamping step on L in place (ct 1); hold (ct 2).
- 10 Stamping step in place on R (ct 1); hold (ct 2).
- 11 Stamping step in place on L (ct 1); stamping step on R in place (ct &); stamping step on L in place (ct 2).
- 12 Stamping step in place on R (ct 1); hold (ct 2).
- 13 Clap hands at breast level (ct 1); hold (ct 2).
- 14-26 Repeat meas 1-13.
- 27-32 Repeat meas 1-6.

PART B

- 1 Facing ctr, leap on R (ct 1); stamp without wt on L next to R (ct 2).
- 2 Leap on L (ct 1); stamp without wt on R next to L (ct 2).
- 3 Facing ctr and moving aside in LOD, stamping step on R to R (ct 1); stamping step on L next to R (ct &); stamping step on R to R (ct 2); stamping step on L next to R (ct &).
- 4 Stamping step on R to R (ct 1); stamp without wt on L next to R (ct 2).
- 5-8 Repeat meas 1-4 with opp ftwk and direction.
- 9-15 Repeat meas 1-7.
- 16 Stamping step on L to L (ct 1); hold (ct 2).

PART C

- 1 Facing ctr, leap on both ft R on ball across L (ct 1); leap on L while R is raised aside with knee bent slightly twisted inside (ct 2).
- 2 Leap on both ft R on ball behind L (ct 1); leap on L while R is raised aside with knee bent slightly twisted inside (ct 2).
- 3 Leap on both ft R heel clicks L heel (spur) (ct 1);
- 4-12 Repeat meas 1-3 three times.
- 13-14 Four steps in place RLRL while turning CCW 360°

- 15 Step on R next to L (ct 1); hold (ct 2).
 16 Clap hands at breast level (ct 1); hold (ct 2).

PART D

- 1 Facing ctr and moving bkwd out of ctr, leap on both ft L across R with knees slightly bent (ct 1); leap on both ft R across L with knees slightly bent (ct 2).
 2 Leap on both ft L across R with knee slightly bent (ct 1); leap in place on R (ct 2).
 3 Moving fwd, large stamping step on L (ct 1); hold (ct 2).
 4 Stamp without wt on R next to L (ct 1); hold (ct 2).
 5-16 Repeat meas 1-4 three times.

SEQUENCE: Repeat pattern 3 times

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