

Sîrba de la Videle

(Romania)

Sîrba de la Videle ("SUR-buh duh lah VID-eh-leh") is a Romanian folk dance from the town of Videle. I learned this dance from Nicu Apetri in the late 1970s.

Formation: Open circle (lines) with shoulder hold ("T").

METER: 4/4

PATTERN

Meas

Fig. 1: Heels R and L

- 1 Facing ctr and moving R (LOD): Step on R heel ot R, straight knee (1), step on L ft crossed behind R ft, knee bent (&), repeat for cts (2&3&4&).
- 2 Repeat cts 1 & three more times (1&2&3&), step on R ft in place (4), step on L ft in place (e), step on R f in place (&).
- 3-4 Repeat meas 1-2 in opp dir with opp ftwk.

Fig 2: Basic step

- 1 Facing ctr and dancing in place: Step on R ft to R, bringing L ft fwd near floor (1), hop on R ft, bringing heel of L ft almost to front of R shin and then fwd again (&), repeat with opp ftwk (2&); still facing ctr but now moving to R: step on R ft to R (3), step on L ft crossed behind R ft (&), repeat cts 1& (4&).
- 2 Repeat meas 1 in opp dir with opp ftwk
- 3-4 Repeat meas 1-2.

Fig 3: side-behind-side-hop

- 1 Repeat cts 3&4& of Fig 2 to R (1&2&), repeat to L (3&4&).
- 2 Repeat meas 1.

Fig 4: Scissors

- 1 Repeat cts 1&2& of Fig 2 (1&2&), plus 4 scissors steps: step on R ft in place and move L ft straight fwd, sole of the ft just above the floor (3), step on L ft. in place and move R ft straight fwd, sole of the ft just above the floor(&), repeat cts 3& (4&).
- 2 Repeat meas 1.
- 3-4 Repeat meas 1-2.

Sequence of dance: Fig. 1,2,3,4, 2,1,2,3,4,2,1,2