HORA KEFF 1997

SE'ARA

Dance by: Gadi Biton Formation: Circle Music by: Yossi Gershoni Face center, regular hand hold PART I: Open mayim with R to R 1-4 5-6 Sway R, sway L Cross R over L, raise L leg in air to L side 7-8 Cross L over R, bending fwd Sway R, sway L, bent fwd 10-11 Straightening up, stamp fwd on R, cross L over R, step back on R in place 12-14 15-16 Quick yemenite L. Repeat counts 1-16 17-32 Face center, regular hand hold PART II: Jump on both in place, hop on R in place bending L knee and raising arms up 1-2 Lower hands, cross L behind R, R to R, cross L over R, R to R 3-6 Double-time cross L behind R, R to R, cross L over R 7-8 R to R, bending fwd, cross L over, low clap with hands at knee-height 9-10 R to R (straightening up), cross L over, clap with hands over head 11-12 Full turn to R in 2 steps, RL 13-14 Sway R (turning L shoulder to center), sway L (turning R shoulder to center 15-16 Face center, regular hand hold PART III: 1-2 2 steps into center, RL 3-4 Step fwd on R, shifting weight to R bending knees (R hip to center), sway L shifting weight back to L and straightening knees 5-8 Repeat Part III, counts 1-4 Repeat counts 3-4 9-10 11-12 2 steps bwd, RL 2 jumps bwd on both with feet together, raising hands upwards 13-14 Jump on both with feet together to L and to R, hands are stretched and move to 15-16

17-32

R and L

Repeat counts 1-16