SEA SALT SALLY

USA

Choreographer: Audry Watson (Scotland), Dec. 2007

Music: Sea Salt Sally by Rock Guard (Album: Stop It & Dance), 164 bpm

Descriptions: 32 count – 4 wall line dance – Beginner level

Counts Descriptions

Introduction: 32 counts, start with vocals

Part I FWD TOUCH, BACK TOUCH, BACK TOUCH, FWD TOUCH

1-2 Step fwd on R, touch L next to R.

3-4 Step back on L, touch R next to L.

5-6 Step back on R, touch L next to R.

7-8 Step fwd on L, touch R next to L.

Part II ROCK, ROCK, ROCK, HOLD X2

1-2 Rock fwd on R, recover back on L.

3-4 Rock fwd on R, hold for a beat.

5-6 Rock fwd on L, recover back on R.

7-8 Rock fwd on L, hold for a beat.

Part III SIDE HOLD, CROSS HOLD, SIDE, CLOSE, SIDE, HOLD

1-2 Step R to R side, hold for a beat.

3-4 Cross L over R, hold for a beat.

5-6 Step R to R side, close L next to R.

7-8 Step R to R side, hold for a beat.

Part IV CROSS ROCK, ¼ TURN, HOLD, RUN, RUN, RUN, RUN

1-2 Cross rock L over R, recover back on R.

3-4 Turn ¼ L stepping fwd on L, hold for a beat.

5-6 Small running step fwd on R, small running step fwd on L.

7-8 Small running step fwd on R, small running step fwd on L.

Repeat dance from beginning.

Presented by Suzanne Rocca-Butler

Camp Hess Kramer Institute

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