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SHAM HAREH GOLAN

Israeli Line Dance

PRONOUNCED: Sham Ha-Rey Go-Lan

TRANSLATION: They Are, The Mountains of Golan

RECORD: Hadarim Ensemble, Capitol DT-10490
Back From Israel, Hadarim LP-3

DIRECTIONS: Instruction booklet enclosed with record,
Back from Israel, Hadarim LP-3.

FORMATION: Hands joined down in a simple hold.

Meas Counts Pattern

PART I:

- 1-4 Fast walk on R, L, R, L.
5-6 Sway fwd on R, and sway back in place on L
 with knees bent.
7-8 Sway fwd on R, and bring L heel fwd, keeping
 it raised.
9-12 Lightly touch L heel two times in front of R.
13-15 Step back on L, step back on R, step fwd on L.
16 HOLD
17-32 Repeat Cts 1-16, Part I.

PART II: Face Center.

- 1-2 Sharply step-cross with a large step: R over L.
3-4 Lightly place L heel in front of R.
5-6 Step on L in place, crossing over in front of R
7-8 Bring R heel fwd and down in front of L.
9-10 Step on R in place, crossing over in front of L
11-12 Bring L heel fwd and down in front of R, and
 step on L in place.
13-16 Step back fast on R, L, R, L.
17-32 Repeat Counts 1-16, Part II.

Presented by YA'AKOV EDEN

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