

Shar

(Israel)



Shar was choreographed by Dudu Barzilai (see photo) in 2012.

Video of the choreographer dancing this dance can be found at <http://www.youtube.com/watch?v=Cov90idYllo>

Pronunciation: SHAHR

Translation: Sings

Music: 4/4 meter

Erica Goldman: Israel Dances, Track 11

Formation: Individuals dancing generally in a circle.

Steps & Styling: Yemenite: Step R to R (ct 1); step L to L and slightly bkwd (ct &); step R in front of L (ct 2). Can be done with opp ftwk and direction.

Meas 4/4 meter

Pattern

4 meas INTRODUCTION. No action.

I. FIGURE I.

1 Step R to R (ct 1); hold (ct 2); step L behind R (ct 3); step R to R and turn ½ R to face away from ctr (ct 4).

2 Step L to L (ct 1); step R behind L (ct 2); step L to L (ct 3); step R in front of L (ct 4).

3-4 Repeat meas 1-2 with opp ftwk and direction and end facing ctr.

5 Step R to R and face slightly to R diag (ct 1); hold (ct 2); step L in front of R (ct 3); step R bkwd and face ctr (ct 4).

6 Repeat meas 5 with opp ftwk and direction.

7 Step R to R (ct 1); touch L next to R (ct 2); step L to L (ct 3); touch R next to L (ct 4).

8 Step R to R (ct 1); three steps (L, R, L) turn make a full turn to L (cts 2-4).

II. FIGURE II.

1 Step R to R (ct 1), step L behind R (ct 2), step R to R (ct 3); step L in front of R (ct 4).

2 Facing ctr with ft together, twist knees to L, R, L, R (ct 1-4) and take wt on L on last twist (ct 4).

3 Moving to ctr, touch R heel fwd (ct 1); step on R fwd (ct 2); touch L heel fwd (ct 3); step on L fwd (ct 4).

4 Step R fwd turning to L to face away from ctr (ct 1), step L fwd (ct 2); repeat cts 1-2 to CW, R shldr twd ctr (cts 3-4).

5 Moving to ctr, step R to R (ct 1); step L behind R (ct 2); step R to R (ct 3); step L in front of R (ct 4).

6 Two step-hops with R and then L turning ½ to R to face away from ctr (cts 1-4).

- 7 Facing away from ctr, three steps (R, L, R) moving diag L (cts 1-3), hop on R (ct 4).
 8 Repeat meas 7 with opp ftwk and direction, moving diag R.
 9 Still facing away from ctr, step diag R in front of L (ct 1); hop on R (ct 2); step on L in front of R (ct 3); hop on L (ct 4).
 10 Step R fwd (ct 1); pivot ½ to L to face twd ctr and step fwd on L (ct 2); two more steps (R, L) fwd diag R twd ctr (cts 3, 4).

III. FIGURE III.

- 1 Step R fwd with slightly bent knee and snap fingers in front at waist ht with wrists crossed (ct 1); hold with L lifted (ct 2); two steps (L, R) diag L and fwd (cts 3, 4). Keep wrists crossed during this Fig.
 2 Step L fwd with slightly bent knee and snap fingers (ct 1); hold (ct 2); R Yemenite (cts 3, &, 4).
 3 Step L next to R and bounce in place 4 times while turning R to face out, with wrists still crossed and arms held out in front during the turn. (cts 1-4).
 4 Move away from ctr diag R with three steps (R, L, R) fwd, bending R knee sharply on last step (cts 1, 2, 3); hold (ct 4).
 5 Repeat meas 4, continuing to diag L move away from ctr.
 6 Still facing away from ctr, R Yemenite (cts 1-3); hold (ct 4).
 7 Repeat meas 3 except turn R to face in (cts 1-4).

IV. FIGURE IV.

- 1 Facing CCW, two steps (R, L) fwd (cts 1, 2); jump on both ft while turning ¼ to L (ct 3); hop on R while turning ¼ to end facing out (ct 4).
 2 Step on L in place (ct 1); jump on both ft while making half-turn L to face ctr (ct 2); hop on R (ct 3); step L behind R (ct 4).
 3 Sway R to R (ct 1); hold (ct 1); sway L to L (ct 3); hold (ct 4).
 4 R Yemenite (ct 1-3); hop R (ct 4).
 5-8 Repeat meas 1-4 with opp ftwk and direction, except no hop on meas 8, ct 4.
 9-10 Facing ctr, step R fwd (ct 1); hold (ct 2); step L in front of R (ct 3); hold (ct 4); step R bkwd (ct 1); hold (ct 2); step L to L (ct 3); hold (ct 4). Arms are held fwd, palms up, circle CW. During meas 9-10, shldr rise and fall lightly with each step.
 11 Two steps (R, L) twd ctr (cts 1, 2). No cts 3-4 in this meas.

V. FIGURE V.

- 1 Jump on both ft, turning ¼ to R ending with R shldr twd ctr (ct 1); hop on L in place turning ¼ to L to face ctr (ct 2); jump on both ft with R shldr twisted away from ctr (ct 3); hop on L in place and face ctr (ct 4);

Shar — continued

- 2 Two step-hops (R, hop, L, hop) while making a full turn L and moving twd ctr (cts 1-4).
- 3 Double-time R Yemenite, L Yemenite (cts 1, &, 2, 3, &, 4).
- 4 Step R fwd (ct 1); rock back into place on L (ct 2); rock fwd again onto R and pivot L (ct 3); step on L in place and face away from ctr (ct 4).
- 5-8 Repeat meas 1-4 facing away from ctr.

Sequence: Dance is done twice followed by Fig III, then Fig IV meas 1-8 only, Fig II, meas 10, cts 3-4, Fig III meas 1-4, and the following ending.

VI. ENDING.

- 1-3 Facing away from ctr, step L bkwd (ct 1); step R next to L (ct 2); step on L fwd and turn to face ctr again (ct 3); bring R next to L while swiveling R hand in a circular motion in front with index finger extended (ct 4).

Presented by Erica Goldman

Lyrics

SHAR

Boker tov Elohim ani omer
Sam batzad et hashtuyot vehatzurot
Yesh yamim sheshum davar lo zaz velo holech
Hachi chashuv lihyot same'ach lo livkot

Ani shar ani same'ach veroked
Ani shar ani same'ach veroked
Ani shar ani same'ach veroked
Ani shar.....

[Yemenite chorus]

Adon hakol mechaye kol neshama
Yitzav chasdo levat nadiv chachama
Levusha me'anant to'ar yekaro
Umashpa'at aley kol adama

Boker tov la'olam ani omer
Lo pote'ach et hayom be'ashlayot
Lo poched lo shotek velo chozer
Lo mitlahev lo mit'achzev me'ashlayot

Ani shar ani same'ach veroked
Ani shar ani same'ach veroked
Ani.....

I SING

Good morning God, I say
Putting aside all the nonsense and the troubles
There are days where things just don't work out
Most important is to be happy, not to cry

I sing and I am happy - and I dance
I sing and I am happy - and I dance
I sing and I am happy - and I dance
I sing....

[Yemenite chorus]

The Master of the Universe, brings souls back to life
Gives grace to a smart nobleman's daughter
Dressed in cloud cloths to respect God
Influencing all that is on earth

Good morning to the world, I say
I don't start the day with illusions
I am not afraid, I am not silent and don't come back
I don't get excited nor disappointed by illusions

I sing and I am happy and I dance
I sing and I am happy and I dance
I sing