

LADINO: SHECHARCHORET
(The Dark One)

FORMATION: Couples in a circle, men on the inside. Steps are described for the men only, women should do opposite footwork except on PART IV.

PART I FACING CCW, HOLDING INSIDE HANDS, STANDING CLOSE TOGETHER, ARMS INTERLOCKED.

- 1 - 4 Yemenite left.
- 5 - 6 Slowly squat: stepping forward on right leg while bending down.
- 7 - 8 Slowly rise.
- 9 - 12 Step forward with right, left, right, and hold.
- 13 - 16 Yemenite left and hold, ending almost facing partner.
- 17 - 20 Drop hands, and turn once around CW (to own right) with right, left, right, and hold, ending facing partner.

PART II FACING PARTNER

- 1 - 2 Take both hands while rocking back on left, bending leg, (right leg stays forward).
- 3 - 4 Rock forward onto right leg and hold.
- 5 Rock back on left leg.
- 6 Rock forward onto right leg.
- 7 Step-close with the left next to the right.
- 8 Hold.
- 9 Snap fingers in front of body to partner.
- 10 Hold.

PART III FACING PARTNER, WOMAN HOLDS PALMS TOGETHER IN FRONT OF CHEST WHILE MAN HOLDS WOMAN'S HANDS.

- 1 Step with right foot to the right side.
- 2 Step with left foot across the right.
- 3 Step back with right foot.
- 4 - 6 Turn CCW (to left side); step with left foot to left side, turn-step with right, left, ending facing partner with same hand-hold.
- 7 Step-close with the left next to the right.
- 8 Hold.
- 9 - 16 Repeat 1-8.

PART IV HOLD EACH OTHER'S WAIST WITH RIGHT HANDS AND KEEP THE LEFT ARM EXTENDED UP.

WOMAN'S STEPS ARE THE SAME AS FOR THE MAN.

- 1 - 4 Step forward with right, left, right while turning with partner once around CW.
- 5 - 8 Dropping right hands from partner's waistline, take hold of each other's right hand and extend arms while doing a yamenite left (rocking away from partner and then rocking back together).
- 9 - 32 Repeat 1-8 three more times.
- 33 Man turns woman with his right hand around CW, back to starting position.

Continued...

TERMINOLOGY AND ABBREVIATIONS

(Before reconstructing a dance, carefully read the following explanations.)

LOD	Line of direction
RLOD	Reverse line of direction
Step	Put full weight on foot
Touch	No weight on foot
R.	Right foot
L.	Left foot
FWD.	Forward
BWD.	Backward
CW	Move according to the clock
CCW	Move counter clockwise

Every dance has a 4 measure introduction. All the steps described are done to a $\frac{1}{2}$ note unless otherwise indicated. Also, every step can be reversed starting with the other foot.

Step-hop:	Step and hop on the same foot (2 counts).
Yemenite Left:	Yemenite step left: Step with the left foot to the left side (bend knees), step on the right toe in back of the left foot, step-cross with the left foot in front of the right; hold on the 4th count.
Yemenite Right:	Reverse the Yemenite left, starting with the right foot to the right side.
Mayim Step moving to the right side:	Facing the center of the circle: step-cross with the left foot over the right, step with the right foot to the right side, step-cross with the left foot behind the right, step with the right to the right side.
Mayim Step moving to the left side:	Reverse the Mayim Step moving to the right side starting with step-cross with the right foot over the left.
Dabka Jump:	Jump with feet together while turning knees to left side. Jump again while turning knees to original position.
Pas de Basque: { Hora Step to the Left:	Little hop on the left foot, hop on toes of the right foot right next to the left, hop back on the left foot.
{ Hora Step to the Right:	Reverse Hora Step to the Left.
{ Cherkessiye:	Step with right foot forward, while raising arms up, step backward with the left foot bringing arms down, step backward with right foot, step forward with the left foot (4 steps to 4 counts).
Double Cherkessiye:	Right foot crosses over the left foot, step on the left foot in back of the right, step on the right foot to the right side. Then reverse: left foot crosses over the right foot, step on the right foot in back of the left, step on the left foot to the left side.
	Add: right foot crosses over the left foot, step on the left foot in back of the right.