

Everybody Folk Dances

MICHAEL HERMAN'S FOLK DANCE ORCHESTRA

Dance Directions by Michael Herman, Folk Dance House, New York City
Arrangements by Walter Eriksson

SIDE 1

SHIBOLETH BASADEH (Israel)



This popular Israeli dance is extremely easy and therefore good to use with beginning folk dancers.

OPENING FORMATION: No partners required. All are in a single circle, with hands joined.

PART 1: (a) All move slowly to right with 3 slide steps (step to right on right foot, bring left foot up to it). On the 4th step, step-hop on right foot, drop hands and turn half to the right. Immediately rejoin hands as in opening formation.

(b) Repeat to the left and finish facing center of circle with hands rejoined.

(c) Repeat the slides to the right as in (a) and then to the left as in (b).

NOTE: Remember to make the turn in the direction you are sliding and to rejoin hands after each half turn.

PART 2: During the second part, do not drop hands at any time. All face to the right and do two step-hops forward, first on the right, then the left foot (the circle is moving counterclockwise).

Now all face to the left, still holding hands, and do two step-hops backwards, with the circle still moving counterclockwise, right hop, left hop.

Repeat the above.

PART 3: All face center and take two long "giant" steps towards center, right hop, left hop, raising joined hands upwards.

Move slowly backwards to rim of circle with 4 tiny step-hops—right, left, right, left.

Repeat entire dance from beginning.