

SHIPTARKA

ŠIPTARKA

(Macedonia)

(SHEEP-tar kah)

This is an arrangement of several figures of the dance Šota, which is done by the large Albanian population of Macedonia and Kosovo. Šota is done at all weddings and celebrations by couples, individuals or lines of dancers. Mr. Kolarovski has selected several of these figures from among the many he has learned from villagers and dancers of the Kosovo area.

Pronunciation:

Record: AK-003, Side 2, Band 6. 2/4 meter.

Formation: Line. ~~Joined hands held down.~~ ("W" pos) throughoutMeasPattern

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INTRO

FIGURE I

- 1 Facing and moving in LOD, step fwd R, L (cts 1, 2).  
 2 Step fwd on R (ct 1). Lift L in front of R, knee bent (ct 2).  
 3 Drop onto both ft, knees bent, L ft in front of R (ct 1);  
 Recover on R ft and bounce twice on R, holding L in front  
 of R (cts 2, &).  
 4 Step back on L (ct 1); raise R ft up in back, knee bent (ct 2).  
 5-32 Repeat action of Fig I, 7 more times.

TURN KNEES FT  
IN AND  
OUT

FIGURE II (CT 1 OF EACH MEAS DONE WITH PLUS)  
 Raise joined hands to shldr level.

- 1 Facing ctr, R ft slightly in front of L, bounce on both ft (ct 1);  
 bounce twice on R while bring L ft around in front of R (cts 2, &).  
 2 Repeat action of meas 1, Fig II, with opp ftwk, and moving twd ctr.  
 3-4 Repeat action of meas 1-2, Fig II, but leave R ft in back of L at  
 end of meas 4.  
 5-8 Repeat action of meas 1-4, Fig II, beginning with R ft slightly  
 in back of L, and moving bkwd away from ctr.

FIGURE III

Lower joined hands.

- 1 Facing and moving in LOD, step fwd R, L (cts 1, 2).  
 2 Moving to R (out of circle), drop onto both ft, knees bent,  
 R in front of L (ct 1); step on L in back of R (ct 2); step on R  
 to R (ct &). ~~Move out sharply during this meas.~~ NO HOOK R STAY  
ACROSS  
L SHIN  
3 Drop onto both ft, knees bent, L ft in front of R (ct 1); recover  
 on R ft and bounce twice on R, holding L in front of R (cts 2, &).  
 4 Step fwd on L (ct 1); raise R ~~up in back~~, knee bent (ct 2).  
 5-32 Repeat action of meas 1-4, Fig III, 7 more times.

- 1-8 Repeat action of Fig II, exactly.

FIGURE IV

Raise joined hands to shldr level.

- 1 Facing ctr but moving in LOD, touch ball of R ft to R (ct 1);  
 step on R in place (ct 2); step on L in front of R (ct &).  
 2-3 Repeat action of meas 1, Fig IV, 2 more times.  
 4 In place, step R (ct 1); L, R (cts 2, &).  
 5-8 Repeat action of meas 1-4, Fig IV, with opp ftwk and direction

continued...

ŠIPTARKA (cont)

- Release hands, but keep them up and move arms freely from shoulder.
- 9-12 Repeat ftwk of meas 1-4, Fig IV, but each dancer turns CCW once around in a small individual circle.
- 13-16 Repeat action of meas 9-12, Fig IV, with opp ftwk and direction.
- 17-32 Repeat action of meas 1-16, Fig IV.
- 33 *in pl* ~~Repeat action of meas 1-16, Fig IV, with opp ftwk and direction.~~, step R (ct 1); step L (ct 2).
- FIGURE V
- Join hands and hold them down.
- 1 Facing ~~and moving~~ in LOD, hop on L (upbeat); step fwd on R *heel* (ct 1); ~~close L to R~~ (ct 2); step fwd on R (ct &). *MOVEMENT IN LOD IS CONTINUOUS*
- 2 Repeat action of meas 1, Fig V, with opp ftwk.
- 3-4 Repeat action of meas 1-2, Fig V.
- 5 Turning to face ctr, in place, hop on L (upbeat); step on R in front of L (ct 1); step on L in back of R (ct 2); step on R in place (ct &).
- 6 Repeat action of meas 5, Fig V, with opp ftwk ~~and in place~~ ~~by widening distance covered by each with foot.~~
- 7-8 Repeat action of meas 5-6, Fig V.
- 9-16 Repeat action of Fig V, meas 1-8.

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Adapted from notes by  
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