

Siksara

(Turkey)

Sik means “often” and sara means “cross.” This is the name of the basic step on the Black Sea area.

Pronunciation: SIHK-sah-rah

Music:

7/8 meter

Formation: Semi-circle of dancers, hands joined, arms bent from elbows.

Cts

Pattern

FIGURE 1

- 1 Step on R to R.
- 2 Touch L heel next to R.
- 3 step on L to L.
- 4 Touch R heel next to L.
- 5 Small step fwd on R.
- 6 Lift L from the side and drop it immediately.
- 7 Step on L 6 inches in front of R.
- 8 Touch R heel in place.
- 9 Step bkwd on R.
- 10 Step bkwd on L.

FIGURE 2

Arms down in V-pos, shimmying shldrs.

- 1 Step on R across in front of L.
- 2 Step on L to L.
- 3 Repeat ct 1.
- 4 Repeat ct 2, swinging arms back.
- 5 step on R diag fwd to R, bending elbows up.
- 6 Lift L from the side.
- 7 Step on L across in front of R.
- 8 Touch R heel in place.
- 9 Step bkwd on R.
- 10 Step bkwd on L, dropping arms down to V-pos.

FIGURE 3

- 1-2 Repeat Fig 2, cts 1-2.
- 3 Step on R to R.
- 4 Step on L in place.
- 5-10 Repat Fig 2, cts 5-10.

FIGURE 4

- 1 Ft open and flat, stamp both in place with a shldr shake.
- 2 Repeat ct 1.
- 3 Repeat ct 1.
- 4 Hop on L, turning 1/4 to L (CCW), lifting R in back.

Siksara—continued.

- 5 Hop on L in place, touching R heel in front.
- 6 With R knee bent, hop on R, turning 1/2 to face LOD, lifting L up to the side.
- 7 Hop on R in place, pumping L in place and saying, “Huy.”
- 8 Repeat ct 7.
- 9 Repeat ct 7.
- 10 Hop on L in place facing ctr, lifting R back.
- 11 Hop on L in place, touching R heel in front.
- 12 Hop on R in place, lifting L back.
- 13 Hop on R in place, touching L heel in front.
- 14 Hop on L twd ctr, lifting R back and swinging arms back.
- 15 Hop on R in place, lifting L back, bending elbows up.
- 16 Hop on L in place, lifting R back and dropping arms down.

ENDING

Complete Fig 3.

- 17 Bring R ft down next to L and say, “Hey.”

Presented by Ahmet Lüleci
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