

1968 SANTA BARBARA FOLK DANCE CONFERENCE

Presented by: Sonny Newman

**SIRO**  
(Shee - roh)  
Men's Line Dance from Siirt City

- SOURCE:** Cavit Kangöz as taught at Folk Dance Center, New York City
- MUSIC:** Slavjani 1001 "Folklore Dances of Turkey"
- METRE:** 2/4 NOTE: Each step takes 3 meas of music: and can almost easily be counted 1, 2, 3, 4, 5, & 6. The 3rd meas has 3 parts ( 5 & 6) instead of two as meas one and two (1, 2, 3, 4)
- FORMATION:** Line clasping hands palm to palm, fingers interlocked, arms extended down and back so that each man's body is adjacent from shldr to hip.
- STYLE NOTE:** Leader frequently leans heavily on 1st man who in turn leans on third. This part of the play that goes on in dance and is in no way serious.
- NOTE I:** The following arrangement is suggested for teaching, but when Cavit leads the dance spontaneously, he gives a signal prior to a change of pattern by squeezing hand of nex person in line. It is difficult for learners to concentrate upon the step and pass the signal quickly, hence the arranged sequence.
- NOTE II:** There are three patterns in dance, each pattern is comprised of three parts. Part I never varies and begins each new pattern of dance. Part II is the variable portion of pattern and always follows Part I. Part III ends each pattern. A variation at the end of the dance for Part III is desc at end of the dance.

PATTERN

Meas	cts	INTRODUCTION	PART I
1	1	Touch L heel beside R toe	
	2	Step L flexing R knee leaving R toe on floor	
2	3	Take wt on R, flexing L knee leaving L toe on floor	
	4	Take wt on flat of both ft, bending both knees very deep and roll fwd and up to balls of both ft.	
3	5	Bounce both heels to floor (knees tight tog)	
	&	" " " "	
	6	" " " "	
		REPEAT 4 TIMES	
		<u>VERSE</u> PART II	
1	1	Touch L toe about 6 inches to L of R ft	
	2	Step L fwd about 6 inches	
2	3	Close R instep to L heel (ft parallel & fwd) shifting wt back onto R and	

*Continued*

- 4      raising L toe
  - 4      Step L ft aheavily on floor bending both knees very deep
  - 3      5      Slap balls of both feet on floor. Knees flex slightly but ~~never~~ straighten
  - 6      &      Repeat ct 5
  - 6           "      "      "
- NOTE: Cts 5-&-6 accomplished by cocking from both heels to both flat feet. REPEAT FOUR TIMES

ENDING PART III

- 1      1      Touch L toe straight fwd with L knee extended, R knee bent deeply
  - 2      2      Step L behind R, turning R heel sharply to L
  - 2      3      "      R      "      L,      "      L      "      "      "      R
  - 3      4      Takewt on flat of both ft, see Intro, ct 4
  - 3      5      "      "      "      "      "      "      "
  - 6      &      "      "      "      "      "      "      "
  - 6           "      "      "      "      "      "      "
- ONCE ONLY

STEP II  
INTRODUCTION

Same as Step I - Verse

- 1      1      Touch L toe behind, but very close to R heel
  - 2      2      Step fwd on L in front of R, bring R fwd
  - 2      3      Rise quickly on ball of L, raising R knee, swinging R straight back twd L shin
  - 3      4      Swing R ft fwd and rise and fall slightly on ball of L
  - 3      5      Step back on R, extending L
  - 6      6      Hold L ft extended fwd, R knee is bent
- REPEAT FOUR TIMES

Ending Same as in STEP I - Verse

STEP III  
INTRODUCTION - Same as STEP I

- 1      1      Touch L toe behind, but very close to R heel
  - 2      2      Step on ball of L in front of R almost cutting it back
  - 2      3      Step on R ball in front of L almost cutting it back
  - 3      4      Stamp R bending both knees ver deep falling fwd onto the balls of both ft.
  - 3      5      Bounce both heels to flr (knees tight tog)
  - 6      6      "      "      "      "
  - 6      &      "      "      "      "
  - 7      7      "      "      "      "
- REPEAT FOUR TIMES

Ending Same as in STEP I

Variation for Ending of Step III

(By ct 2, the arms are extended upward, palm to palm, fingers interlocked)

- 1      1      Touch L toe straight fwd as desc for ending.
- 2      2      Spring back diag R onto oth balls with L behind R (knees straight)

*Continued.*

SIRO - 3

Variation for Step III, Ending

- 1 2 (up during rest of step)
- 2 3 Spring back diag onto both balls with R behind L
- 4 Spring back diag R onto both balls with L behind R
- 3 5 Bounce diag bkwd to R on both balls R behind L
- & " " "C" " " " " " " " "
- 6 " " " " " " " " " " "

DONE ONLY ONCE

Note: At this point the step may be thought of as a "new step" or a variation for it the structure of the dance in previous steps.

- 1 Wt on R, touch L toe diag across R taking no wt
- 2 Step L diag fwd to L
- 2 3 Spring diag fwd to L onto both balls with R in front of L
- 4 Spring diag bwd to R, onto both balls with R in back of L
- 3 5 Bounce diag bkwd to R on both balls with R behind L
- & " " " " " " " " " " "
- 6 " " " " " " " " " " "

DONE MANY TIMES

NOTE: The dance is sometimes ended this way, or sometimes by closing the line to original position, shoulder to shoulder while doing meas 3 of the last desc. step.

In doing this dance, Cavit most usually does not repeat any step as the music is short, but when he does repeat a step it is generally only STEP III.