

SLIVENSKO PAIDUSHKO HORO

(Bulgaria -- Thrace)

Translation: "Paidushko" from the town of Sliven, Thrace.

Source: From the village of Padarevo, Sliven County.

Record: XOPD X-EP-309, or any other "Paidushko" music.

Rhythm: 5/16 (quick-slow).

Starting position: M & W in separate lines, facing each other;
"Na lessa" -- (belt hold).

Styling: Thracian dances are heavy. The men dance in a semi-sitting position, while the women remain very straight in a humble fashion.

Measure

- 1-3 Moving directly FORWARD, three small LEAP-STEPS (bloop-bloops) starting with RIGHT foot.
- 4 With RIGHT foot free, LEAP on RIGHT foot crossing in front of LEFT foot & LEAP back on LEFT foot, leaving RIGHT foot free.
- 5 With RIGHT foot free, LEAP sideways RIGHT, leaving LEFT foot free.
- 6 STAMP twice (2) in place with LEFT foot.
- 7-8 REPEAT pattern of measures 5 & 6 reversing direction & footwork.
- 9-12 REPEAT pattern of measures 5-8.
- 13-16 Moving directly BACKWARD, four (4) small reeling HOP-STEPS starting with RIGHT FOOT, leaving RIGHT foot free to re-start dance.
- * It is a custom in Thrace to shout ("hopa", "iss-iss" etc.) when stamping with the feet.

Description by Yves Moreau
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