

SMA FAGLARNÄ I SKOGEN
Sweden

The name of the dance translates, "The little birds in the woods," and is a mixer. The song can be sung while dancing.

PRONUNCIATION: Smoh Foh-glähr-nah e Skoh-gen

RECORD: RCA Mono, FPM-156) "Dansa I En Ring"
Stereo, FSP-156)

FORMATION: Cpls in a circle, M facing out, W in.

METER: 3/4 Hambo PATTERN

Meas.

- 1-8 1. With own ptr, cpls join both hands at shldr ht, with arms rounded, and do 12 running steps CW and 12 CCW. Both start L.
- 9-12 2. Facing ptr with both hands joined at shldr ht (elbows down), do 4 "dal" steps (step on L in place and swing R low across L while L heel lifts slightly off ground - 1 meas; repeat with opp ftwk.).
- 13 3. Place hands on own hips. Cpls laugh twd each other 3 times - sing "ha, ha, ha!"
- 14 4. Threaten each other with R forefinger by shaking it at ptr 3 times - sing "no, no, no."
- 15 5. Slap each other's R hand while making 1 turn CCW in place, step L and swing R around and stop on both ft.
- 16-21 Repeat Nos. 2-5, meas 9-15.

With new ptr: Repeat dance from beginning, except on meas 1, M run (progress) in RLOD to the next W on his R and W run (progress) in LOD to the next M on her R and do the dance from the beginning with a new ptr.

SONG: to be sung aloud while dancing

//¹Sma fåglarna i skogen de sjunga var dag// repeat
//²Att du och jag min vän, skulle varandra få } repeat
³Ha, ha, ha, ⁴nå, nå, nå, ⁵så kan det gå//

//The little birds in the woods, they sing every day//
//That you and I, my friend, should become sweethearts.
Ha, ha, ha! No, No, No! That's how it will be!

Presented by Edward & Carol Geller
Idyllwild Workshop 1979