

SNURRVALS FRÅN NEDE

Sweden

The dance was presented in the U.S. by "Philochoros" dancers and musicians from Uppsala, Sweden in 1976. The dance was collected in Hede, July, 1971 by Goran Kalholm from two persons born in 1896 and 1899.

TRANSLATION: Twirl-wlutz from Hede

PRONUNCIATION: Snur-vals from Head-eh

RECORD: Regional Folkdances from Sweden, Viking SMF-200 (LP), Side 1, Band 7.

MUSIC: A rather slow waltz from Harjedalen, with even accents on all 3 cts of the meas.

FORMATION: Cpls in a circle facing and moving LOD.

POSITIONS: Introductory waltz steps: Inside hands joined at shldr ht with M's hand on top of W's, outside arms hang free.

Individual turns: Both arms hang free.

Couple turns: W's L hand in M's R hand behind her back, and W's R hand in M's L hand behind his back.

STEPS & STYLING: Waltz steps with the whole ft touching the floor and flexible knees. Each ct of the meas should receive an equal accent.

METER: 3/4

PATTERN

Meas.

STEP I: Introductory waltz & One turn

1-2 Introductory waltz step: Facing LOD, both start on outside ft and do 2 waltz steps fwd, turning naturally away from ptr on meas 1 and twd ptr on meas 2.

3-4 Individual turns: Dropping ptrs hand and starting on outside ft, do 2 waltz steps turning away from ptr (M-CCW, W-CW).

STEP II: Intrductory waltz & Two turns

1-6 Repeat Step I, except on "individual turns" do 2 turns with 4 waltz steps.

STEP III: Introductory waltz & Three turns

1-8 Repeat Step I, except on "individual turns" do 3 turns with 6 waltz steps.

STEP IV: Couple turn

1-12 After Step III, do 12 "cpl turns" to melody phrases. Turn CW or CCW - CW turn is generally easier. Then start the dance from the beginning.

Presented by Carol & Edward Goller
Idyllwild Workshop 1979