

## Sonata (Albania)

Sonata is an Albanian song and dance. The song began as a haunting melody called "Tango to Evora" written by Canadian composer/singer Loreena McKennitt for the National Film Board of Canada documentary, "The BurningTimes". Popular Greek singer Haris Alexiou wrote Greek lyrics to this music, called "Tango tis Nefelis" (Nefeli's Tango) and Eli Fara sings it beautifully. In Greek, nefeli means cloud. It is both the name of a cloud nymph and it is also a woman's name. The Hebrew song title is Nefeli. The Albanian song title is Sonata.

Choreographer: Ira Weisburd

Music: Camp Hess Kramer 2006 CD 4/4 meter

Formation: Circle facing center

### Cts

### Pattern

#### PART I: Face Center

- 1-4 Sway R,L,R, hold with L lifted slightly to left.
- 5-8 L behind R, R to rt., L fwd while raising arms, rock back on R while lowering arms.
- 9-12 Sway onto L to left, 1/2 turn to rt. with R,L, to face out of circle, hold with R lifted slightly to rt.
- 13-16 Repeat 5-8 with opposite footwork.
- 17-20 Sway onto R to rt., 1/2 turn to left with L,R to face center.
- 21-24 Repeat 5-8.
- 25-28 L to left, step R across L, L to left with R lifted slightly to rt. while opening arms slightly to sides, hold.
- 29-32 R behind L, L to left, R across L, back on L.
- 33-36 Grapevine with R to rt.
- 37-40 Turn to rt. with R,L,R and face center, step L across R.
- 41-76 Repeat 1-36.
- 77-80 3/4 turn to rt. with R,L to face CW. Step R bkwd, L fwd in place.

#### PART II: Face CW

- 1-3 Move into center: 1/2 turn rt. with two steps R,L to face CCW, cross R behind L.
- 4-6 Continue moving into center: 1/2 turn left with two steps L,R to face CW, cross L behind R.
- 7-8 Sway R,L.
- 9-12 Move out of center with grapevine to left (begin R across L) and end facing out with back to center.

Sonata--continued

13-14 Step R fwd raising arms and bending knees slightly, step back on L and lower arms.

15-16 1/2 turn to rt. with R,L and face center.

17-20 R bkwd, L to left, R across L, L in place.

21-24 Grapevine with R to rt., L across R, R to rt., L behind R.

25-28 R,L fwd bending, step back on R and lift L, hold.

29-32 Back together forward. (L bwd, R to rt., L across R) and face CW.

33-64 Repeat 1-32, but end facing center.

Repeat Part 1 & II

Repeat Part I, once.

Repeat Part II, counts 1-20 ending with raised arms.

Instructions notated by Honey Goldfein-Perry.