

SONDERBORG DOUBLE QUADRILLE
(Danish)

RECORD: Victor AL 1291

FORMATION: Two lines – 4 couples in each line or 8 couples in each line

ACTION:

- 1 Circle 16 counts left and back to right 16 counts (top 4 couples in one circle – bottom 4 in another, hands joined)
- 2 Top two (sometimes 4) people join right hands with person opposite and promenade down center 8 counts and back (8 counts)
Bottom
two or four persons do the same.
- 3 Right and left through with opposite couple (taking hands) and back 16 counts
- 4 Circle 4 hands with opposite couple – 16 counts to left.
- 5 Polka with partner around opposite couple twice and a half ending in other couples position facing a new line.

Music for German Version – Methodist 115, also T 6120

German Version differs as follows:

- 4 couples face four couples
- Action 3 is done twice
- Action 4 - there are 16 steps to right and 16 to left
- Action 5 - Polka is done around area described by original formation ccw in a kind of oval course and back to place

'STROMMT EM BABELI
(Babeli, Dream)

Folk Song and Dance from Appenzell

RECORD: Folk Dancer MH 1114

FORMATION: One man stands between two girls, facing forward, hands joined shoulder high. When hands are free fists are on hips.

ACTION: I. CIRCLE AND ARCHES

Meas. 1-8 (Join hands in small circle of three-arms stretched taut) Eight Swiss schottische steps to left, beginning with L foot (step, together, step, hop) - very deliberate.

Meas. 9-16 Repeat in opposite direction, beginning with L foot. End all facing forward, boy holding hand of girls on either side in arches.

Meas. 17-24 The two girls circle around the boy with left lady going clockwise and the right lady ccw. Right hand lady goes under the arch made by the boy and the left lady, then the left lady goes under, each with four step hops. The boy dances in place. Each girl goes